

LOKOPRIYA GOPINATH BORDOLOI REGIONAL INSTITUTE OF MENTAL HEALTH
TEZPUR - 784001
ASSAM

### **EDITORIAL BOARD**

Editor Dr. Sonia P. Deuri, Head, Dept. of Psychiatric Social Work

Members Dr. Aparajeeta Baruah, Head, Dept. of Psychiatry

Dr. Anil Ch. Sarmah, Head, Dept. of Pathology

Dr. Arunjyoti Baruah, Head, Dept. of Psychiatric Nursing

Dr. Maitreyee Dutta, I/c, Department of Clinical Psychology

Dr. Kamal Narayan Kalita, Associate Professor, Psychiatry

Dr. Sobhana H., Assistant Professor, Psychiatric Social Work

Mr. J. K. Sarmah, Chief Finance and Accounts Officer

Mr. Tapan Mohanta, Administrative Officer

Secretarial Assistance Mr. Mrinal Kr. Sarma, Publication Officer

Ms. Rosy Baruah, Publication Assistant

Hindi Translation Dr. I. Banerjee, Psychiatric Social Worker

Mr. Ranjan Kumar, Clinical Psychologist



## DIRECTOR'S DESK

I am happy to present before you the Annual Report of the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health for the period 1st April 2013 to 31st March 2014. The annual report also carries the financial performance report of the institute for the same period of time. This year the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, completes 138 years of its existence and service in the area of mental health care.

The LGBRIMH is one of the three stand alone tertiary care institutes in the field of mental health and behavioral sciences in the whole country administered and funded by the Government of India. This institute has played an important role in providing mental health services in the NER states and the eastern region of the country from the last century. The LGBRIMH has also been playing an active role in human resource development and research in the field of Mental Health and Allied Sciences. It is a proud privilege to mention here that in the last few years many professionals were trained by this institute to become Psychiatrists, Clinical Psychologists, Psychiatric Social Workers and Psychiatric Nurses and many of them are presently working in the various parts of the country. The first batch of M.D. Psychiatry trainees were declared successful during the examination held in the month of May 2013.

The construction activities of the Institute have been delayed due to certain unforeseen reasons. Because of this we have to stretch the time line set for taking over the new hospital building. However during this year the Government of India has approved setting up of a new nurse's hostel and an auditorium with a cultural complex for the institute. Work on the new projects are expected to start as soon as the procedural formalities are over. The residential buildings are expected to be completed by mid 2015.

I take this opportunity to also acknowledge the sincere and dedicated efforts of all the employees of the LGBRIMH who have worked hard for the betterment of the institute. The public and the well wishers of the institute have all been very supportive in our efforts. I value their cooperation and advice the most. Without their active support the Institute could not have taken off in such a smooth manner in a remote and difficult area like Tezpur, Assam.

(Dr. S. k. Deuri)

# CONTENTS

Chapter 1: Introduction Chapter 2: Vision, Mission, Objectives Chapter 3: Preface Chapter 4: Executive Summary Chapter 5: Administration and Management/Organization UNIT II Chapter 6: Academic Section UNIT III Chapter 7: Out-Patient Department Chapter 8: Indoor Department Chapter 9: Supportive Services UNIT IV Chapter 10: Rehabilitation Services UNIT VI Chapter 11: Out-reach Extension Service UNIT VI Chapter 12: Special Functionaries UNIT VI Chapter 13: Events and Festivals Chapter 14: Distinguished Visitors UNIT VIII Chapter 15: Annexure UNIT IX Chapter 16: Auditor's Reports	UNIT I	Page No.
Chapter 3: Preface Chapter 4: Executive Summary Chapter 5: Administration and Management/Organization UNIT II Chapter 6: Academic Section UNIT III Chapter 7: Out-Patient Department Chapter 8: Indoor Department Chapter 9: Supportive Services UNIT IV Chapter 9: Supportive Services UNIT V Chapter 10: Rehabilitation Service Chapter 11: Out-reach Extension Service UNIT VI Chapter 12: Special Functionaries UNIT VII Chapter 13: Events and Festivals Chapter 14: Distinguished Visitors UNIT VIII Chapter 15: Annexure  UNIT IX	Chapter 1: Introduction	1
Chapter 4: Executive Summary Chapter 5: Administration and Management/Organization UNIT II Chapter 6: Academic Section UNIT III Chapter 7: Out-Patient Department Chapter 8: Indoor Department Chapter 9: Supportive Services UNIT IV Chapter 10: Rehabilitation Services Chapter 11: Out-reach Extension Service UNIT VI Chapter 12: Special Functionaries UNIT VII Chapter 13: Events and Festivals Chapter 14: Distinguished Visitors UNIT VIII Chapter 15: Annexure  93 UNIT IX	Chapter 2: Vision, Mission, Objectives	2
Chapter 5: Administration and Management/Organization UNIT II Chapter 6: Academic Section UNIT III Chapter 7: Out-Patient Department Chapter 8: Indoor Department UNIT IV Chapter 9: Supportive Services UNIT V Chapter 10: Rehabilitation Services Chapter 11: Out-reach Extension Service UNIT VI Chapter 12: Special Functionaries UNIT VII Chapter 13: Events and Festivals Chapter 14: Distinguished Visitors UNIT VIII Chapter 15: Annexure UNIT IX	Chapter 3: Preface	3
UNIT II  Chapter 6: Academic Section  UNIT III  Chapter 7: Out-Patient Department  Chapter 8: Indoor Department  Chapter 9: Supportive Services  UNIT IV  Chapter 10: Rehabilitation Services  Chapter 11: Out-reach Extension Service  UNIT VI  Chapter 12: Special Functionaries  UNIT VII  Chapter 13: Events and Festivals  Chapter 14: Distinguished Visitors  UNIT VIII  Chapter 15: Annexure  93  UNIT IX	Chapter 4: Executive Summary	4
Chapter 6: Academic Section  UNIT III  Chapter 7: Out-Patient Department  Chapter 8: Indoor Department  Chapter 9: Supportive Services  UNIT V  Chapter 10: Rehabilitation Services  Chapter 11: Out-reach Extension Service  UNIT VI  Chapter 12: Special Functionaries  UNIT VII  Chapter 13: Events and Festivals  Chapter 14: Distinguished Visitors  UNIT VIII  Chapter 15: Annexure  93  UNIT IX	Chapter 5: Administration and Management/Organization	5
UNIT III  Chapter 7: Out-Patient Department 64  Chapter 8: Indoor Department 67  UNIT IV  Chapter 9: Supportive Services 71  UNIT V  Chapter 10: Rehabilitation Services 81  Chapter 11: Out-reach Extension Service 86  UNIT VI  Chapter 12: Special Functionaries 88  UNIT VII  Chapter 13: Events and Festivals 90  Chapter 14: Distinguished Visitors 92  UNIT VIII  Chapter 15: Annexure 93  UNIT IX	UNIT II	
Chapter 7: Out-Patient Department 64 Chapter 8: Indoor Department 67 UNIT IV Chapter 9: Supportive Services 71 UNIT V Chapter 10: Rehabilitation Services 81 Chapter 11: Out-reach Extension Service 86 UNIT VI Chapter 12: Special Functionaries 88 UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 6: Academic Section	9
Chapter 8: Indoor Department 67  UNIT IV  Chapter 9: Supportive Services 71  UNIT V  Chapter 10: Rehabilitation Services 81  Chapter 11: Out-reach Extension Service 86  UNIT VI  Chapter 12: Special Functionaries 88  UNIT VII  Chapter 13: Events and Festivals 90  Chapter 14: Distinguished Visitors 92  UNIT VIII  Chapter 15: Annexure 93  UNIT IX	UNIT III	
UNIT IV Chapter 9: Supportive Services 71 UNIT V Chapter 10: Rehabilitation Services 81 Chapter 11: Out-reach Extension Service 86 UNIT VI Chapter 12: Special Functionaries 88 UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 7: Out-Patient Department	64
Chapter 9: Supportive Services 71  UNIT V  Chapter 10: Rehabilitation Services 81  Chapter 11: Out-reach Extension Service 86  UNIT VI  Chapter 12: Special Functionaries 88  UNIT VII  Chapter 13: Events and Festivals 90  Chapter 14: Distinguished Visitors 92  UNIT VIII  Chapter 15: Annexure 93  UNIT IX	Chapter 8: Indoor Department	67
UNIT V Chapter 10: Rehabilitation Services 81 Chapter 11: Out-reach Extension Service 86 UNIT VI Chapter 12: Special Functionaries 88 UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	UNIT IV	
Chapter 10: Rehabilitation Services 81 Chapter 11: Out-reach Extension Service 86 UNIT VI Chapter 12: Special Functionaries 88 UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 9: Supportive Services	71
Chapter 11: Out-reach Extension Service 86  UNIT VI Chapter 12: Special Functionaries 88  UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92  UNIT VIII Chapter 15: Annexure 93  UNIT IX	UNIT V	
UNIT VI Chapter 12: Special Functionaries 88 UNIT VII Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 10: Rehabilitation Services	81
Chapter 12: Special Functionaries 88  UNIT VII  Chapter 13: Events and Festivals 90  Chapter 14: Distinguished Visitors 92  UNIT VIII  Chapter 15: Annexure 93  UNIT IX	Chapter 11: Out-reach Extension Service	86
UNIT VII  Chapter 13: Events and Festivals 90  Chapter 14: Distinguished Visitors 92  UNIT VIII  Chapter 15: Annexure 93  UNIT IX	UNIT VI	
Chapter 13: Events and Festivals 90 Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 12: Special Functionaries	88
Chapter 14: Distinguished Visitors 92 UNIT VIII Chapter 15: Annexure 93 UNIT IX	UNIT VII	
UNIT VIII Chapter 15: Annexure 93 UNIT IX	Chapter 13: Events and Festivals	90
Chapter 15: Annexure 93 UNIT IX	Chapter 14: Distinguished Visitors	92
UNIT IX	UNIT VIII	
	Chapter 15: Annexure	93
Chapter 16: Auditor's Reports	UNIT IX	
	Chapter 16: Auditor's Reports	

### INTRODUCTION

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) is a tertiary care standalone speciality care institute in the field of mental health and allied sciences under the Ministry of Health and Family Welfare of the Govt. of India. Tezpur Lunatic Asylum, renamed as Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) in 1999, was established in the year 1876 in the Sonitpur district of Assam.

The LGBRIMH is expected to serve the needs of the country with special emphasis to the North Eastern Region (NER) of the country. The institute is modelled after NIMHANS, Bangalore, and will be developed into a comprehensive neuro psychiatric unit in the forthcoming years.

The "Lokopriya Gopinath Bordoloi Regional Institute of Mental Health" is set up as an autonomous institute by the Govt. of India with key areas of expertise in Treatment, Teaching, and Research activities in the field of mental health and allied disciplines. The institute has an attached hospital with inpatient care facilities for 336 patients. The inpatient facilities are offered free of cost to all the patients that include free food, medicines, diagnostic facilities, linen and other aids of daily living during their stay in the hospital. The institute offers regular courses under Gauhati University with M.D. in Psychiatry, M. Sc in Psychiatric Nursing, M. Phil in Psychiatric Social Work and M. Phil in Clinical Psychology and also Post-Basic Diploma course in Psychiatric Nursing. Other than these, the institute also offers short term training for the students of various institutions across the country. The students and staff are also engaged in various research activities in the field of mental health as stipulated by the requirements of the training courses.

During the past year the institute has contributed significantly in its assigned role of patient care, manpower development, collaborative ventures and research in the field of mental health. The institute has also initiated certain welfare programmes for benefit of common man in the community.



### VISION

To develop Lokopriya Gopinath Bordoloi Regional Institute of Mental Health as a national institute of importance.

### MISSION

- 1. To deliver free mental health care uniformly for all.
- 2. To develop manpower for delivering the services.
- 3. To promote research activities for enhancing knowledge.

### **OBJECTIVES**

- To provide equitable access to mental health care to all sections of society with effective linkages to the other health related institutions.
- 2. To develop human resources for delivering the services.
- To reduce overall disease burden by providing proper sustainable rehabilitation measures.
- To promote positive mental health for all sections of people of the region through collaborative activities with different social and educational organizations.
- To provide conducive environment for research activities in collaboration with different agencies.
- To facilitate implementation of National Mental Health Programme(NMHP).
- To develop infrastructure for all related activities with a multimodal approach.



#### CHAPTER 3

### **PREFACE**

This year's Annual Report outlines the tasks accomplished by the Institute in 365 days. It portrays achievements in the three areas – patient care, training and research. It also depicts the financial expenditure of the institute.

The report is an indication of the utilization of funds allocated by the Government of India.

This report serves to portray the Institute's activities and dissemination on the services of the institute during the last financial year for public benefit.

#### CHAPTER 4

### **EXECUTIVE SUMMARY**

The purpose of this report is to bring to the fore the diverse activities accomplished by respective departments of the Institute. It highlights the progress of the institute in terms of fulfilment of academic objectives, patient care services, research and infrastructure development in the period 2013-14. The text is structured into 9 units.

UNIT I: introduces the reader to the Institute's strategic planning through its mission statement. The unit highlights composition of the administration and management. It also includes preface, executive summary and the Director's message.

UNIT II: profiles the academic section and its execution of academic activities and research strategies. It sketches out the services rendered by different departments of the Institute to the society.

UNIT III: incorporates the Outdoor and Indoor department. It highlights the services and procedure followed for receiving treatment at OPD, which acts as a window to hospital services. The unit also covers the Indoor section with emphasis on the services and healthy environment provided to the patients.

UNIT IV: includes the supportive services that facilitate the Institute in accomplishment of tasks necessary for the Institute's functioning.

UNIT V: presents two chapters that underscore the Institute's commitment towards the society by stressing on its outreach programs and rehabilitation efforts.

UNIT VI: features the special functionaries of the Institute - Ethics Committee, Scientific Review Committee, RTI, and Parliamentary Questions.

UNIT VII: highlights the events celebrated at the Institute and the dignitaries whohave visited the Institute from Assam and other parts of the country.

UNIT VIII: comprises student intake, speciality wise students passing out from various courses and visiting faculty.

UNIT IX: presents the Auditor's report.



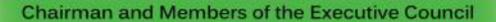
### ADMINISTRATION AND MANAGEMENT

The Board of Governors, Executive Council, Board of Visitors and the Finance Committee are the core management functionaries of the Institute. A list of the bodies along with their respective Chairman and members are given below:-

The Board of Governors is the apex body governing the Institute. The Union Minister of Health and Family Welfare is its Chairman.

### Chairman and Members of the Board of Governors

1.	The Union Minister of Health & Family Welfare	Chairman
2.	The Chief Minister of Assam	Vice-Chairman
3.	A representative of the Planning Commission	Member
4.	The Health Minister of Assam	Member
5.	The Health Minister of Arunachal Pradesh	Member
6.	The Health Minister of Meghalaya	Member
7.	The Health Minister of Manipur	Member
8.	The Health Minister of Mizoram	Member
9.	The Health Minister of Nagaland	Member
10.	The Health Minister of Sikkim	Member
11.	The Health Minister of Tripura	Member
12.	The Secretary, Health & Family Welfare, Govt. of India	Member
13.	The Secretary, Ministry of DONER, Govt. of India	Member
14.	The Secretary, North Eastern Council, Shillong	Member
15.	The Director General of Health Services, Govt. of India	Member
16.	The Addl. Secy. & F.A, Ministry of Health & F.W, Govt. of India	Member
17.	The Vice Chancellor of the Gauhati University	Member
18.	The President of Medical Council of India	Member
19.	The President of Indian Nursing Council	Member
20.	The President, National Board of Examination	Member
21.	The President, Rehabilitation Council	Member
22.	The Director, NIMHANS, Bangalore	Member
23.	Two Psychiatrists to be nominated by the Ministry	Member
24.	The Director, LGB Regional Institute of Mental Health	Member Secretary



The Executive Council manages the day to day business and affairs of the society as well as the Institute. The Secretary of Health and Family Welfare, Govt. of India, is its Chairman.

1.	The Secretary, Health & Family Welfare, Govt. of India	Chairman
2.	The Secretary, North Eastern Council, Shillong	Vice-Chairman
3.	The Addl. Secy. & F. A, Ministry of Health & F.W, Govt. of India	Member
4.	The Commissioner & Secretary, Health & F. W, Assam	Member
5.	The Commissioner & Secretary, Health & F. W, A.P	Member
6.	The Commissioner & Secretary, Health & F. W, Meghalaya	Member
7.	The Commissioner & Secretary, Health & F. W, Manipur	Member
8.	The Commissioner & Secretary, Health & F. W, Mizoram	Member
9.	The Commissioner & Secretary, Health & F. W, Nagaland	Member
10.	The Commissioner & Secretary, Health & F. W, Tripura	Member
11.	The Commissioner & Secretary, Health & F. W, Sikkim	Member
12.	The Joint Secretary, Ministry of Health & F.W, Govt. of India	Member
13.	A representative of Director General of Health Services, GOI	Member
14.	The Medical Superintendent, LGBRIMH, Tezpur	Member
15.	The Academic Representative, LGBRIMH, Tezpur	Member
16.	Nominated Member of the Ministry	Expert Member
17.	Nominated Member of the Ministry	Expert Member
18.	The Director, LGBRIMH, Tezpur	Member Secretary

#### Board of Visitors

The Secretary, Ministry of Health and Family Welfare, Govt. of India, Nirman Bhavan, New Delhi has constituted the Board of Visitors of LGBRIMH with the following members:

- 1. Dr. Hiranya Kr. Goswami, Professor & HOD (Psychiatry), S. M. C., Silchar.
- 2. Dr. H. R. Phookan, Professor of Psychiatry, Gauhati Medical College, Guwahati.
- Major General (Rtd.) Dr. Purnananda Das, Ex-Professor of Psychiatry (AFMC, Pune).
- Dr. Dipesh Bhagabati, Professor of Psychiatry, Gauhati Medical College Hospital, and Secretary, State Mental Health Authority.
- 5. Representative of the Head of the Medical Services of the State of Assam.
- 6. Shri Om Prakash Bagaria, Local Resident, C/o K. B. Stores, Main Road, Tezpur.
- Mrs. Meenakshi Bhuyan, Social Worker, K.P. Memorial School, Parua Tiniali, Tezpur.
- Md. Nazim Ahmed, Social Worker, Ex-Police Line, Tezpur.

#### Finance Committee

The Finance Committee of the Institute consists of the following members :-

The Additional Secretary & Financial Advisor, MoH&FW, GOI Chairperson

The Joint Secretary, MoH&FW, GOI Member

3. The Director, LGBRIMH Member

4. The Medical Superintendent, LGBRIMH Member

The Chief Finance & Accounts Officer, LGBRIMH Member Secretary



#### Director

Dr. S. K. Deuri, DPM (CIP, Ranchi University), MD (NIMHANS, Bengaluru)

#### Medical Superintendent

Dr. Anil Ch. Sarmah, MD (AMCH, Dibrugarh University)

#### Deputy Medical Superintendent I/C

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bengaluru)

#### Controller of Examinations

Dr. K. Pathak, MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)

#### Assistant Medical Superintendent

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bengaluru)

#### Chief Finance & Accounts Officer

Mr. J. K. Sarmah, BA (SOGE)

#### Administrative Officer

Mr. Tapan Mohanta, MA

### ACADEMIC SECTION

The institute started various academic programmes in the field of mental health with an objective to augment mental health manpower. The academic departments were established in the year 1998 and the first academic programme got underway in 2001 as a Diploma in Psychiatric Nursing.

#### Academic Programme of LGBRIMH:

- · MD (Psychiatry)
- DNB (Psychiatry)
- M. Phil (Psychiatric Social Work)
- M. Phil (Clinical Psychology)
- · M. Sc. (Psychiatric Nursing)
- Diploma in Psychiatric Nursing (DPN)

In addition to the regular academic courses, the Institute provides exposure training to visiting students from various medical, para-medical and non-medical institutions.

#### Academic calendar

The academic calendar of the institute is as given below:

Date of Advertisement for Admission	December last week / January First Week
Filling up of online application form	December last week / January First Week
Last date of filling of online application	January last Week / February First Week
form	
Date of Entrance Test	First Sunday of March
Declaration of result	Within two days of entrance examination
Date of admission	1st to 3rd May
Start of session	May first week

#### Entrance examination

From the last session, the institute has adopted online procedure for submission of applications for the three courses i.e., M.Sc. Nursing (Psychiatric Nursing), M. Phil in Clinical Psychology and M. Phil in Psychiatric Social Work. A total number of 142 forms have been submitted online out of which 135 students were selected to appear in the entrance examination and 114 students appeared in the exam held on 9th March 2014. Entrance examination was conducted centrally at the institute campus.



Entrance examination for all the three courses held on 09.03.14.

#### DEPARTMENT OF PSYCHIATRY

#### Introduction

The main focus of the institute is to provide psychiatric services. In the year 1998, a full-fledged Department of Psychiatry was established. Over the years the department of psychiatry has transformed from a purely curative role to that of one which incorporates teaching and research function. The Department started DNB and MD course in 2006 and 2010 respectively. The intake for M.D. is 2 and 6 (3+3) for DNB. The selection of candidate is done on all India basis through entrance examination.

The MD and DNB trainees are involved in academic activities like seminar, case conference, journal club, short topic discussion, theory classes, OPD services and ward round. All activities are supervised by the faculties of the department.

The faculty and the resident doctors of the Department not only provide services at indoor, outdoor and community extension clinics, but are also engaged in various consultancy activities organized by different governmental and non-governmental organizations.

#### Faculty

Post	Name	Qualification
Professor Director	Dr. S. K. Deuri	DPM (CIP, Ranchi University),
		MD (NIMHANS, Bangalore)
Professor and Head	Dr. (Mrs. ) Aparajita Baruah	MD (GMCH, Gauhati University)
Associate Professor	Dr. Kangkan Pathak	MD (GMCH, Gauhati University),
		MPS (IIPS, Mumbai)
Associate Professor	Dr. K. N. Kalita	MD (GMCH, Gauhati University) /
		PG Diploma in Hospital and
		Health Management under IGNOU
Assistant Professor	Dr. Oli Roy Chakraborty	MD (GMCH, Gauhati University)
Assistant Professor	Dr. Dhrubajyoti Chetia	MD (AMCH, Dibrugarh University)
Assistant Professor	Dr. Soumik Sengupta	MD (Gauhati University)
Assistant Professor	Dr. Vijay Gogoi	MD (Dibrugarh University)
Assistant Professor	Dr. Bandana Timungpi	MD (Assam University)



Numbers of visits by patients seen in routine and special clinics during the current and preceding two years are as follows :

	2013-14	2012-13	2011-12
General Psychiatry			
OPD	95020	79350	74268
New cases	17333	13851	12228
Old cases	77687	65499	62040
Inpatients	1586	1447	1597
Special Clinics			
New Cases	2013	1534	1106
Old Cases	8548	6262	5865
Community Clinic			
New cases	429	634	335
Old cases	8035	6865	5314

### Special Clinics/Services

There are four Special Clinics which are held once in a week in the OPD. The total number of patients seen at each of the special clinics in 2013-14 is given below:

CLINICS	NEW	OLD
Geriatric	869	4847
Epilepsy	399	2568
Alcohol and Drug Dependence	553	994
Child Guidance	192	139

#### **Academic Activities**

 The first batch of M.D. students (3) appeared in final Exam in May 2013 and all of them were declared successful.





Final examination of MD (Psychiatry)

- The six monthly Internal Examination for DNB Psychiatry was held on 16th,
   17th August 2013 and 31st January, 1st February 2014 respectively.
- The final theory examination for DNB Psychiatry was conducted by the National Board of Examination on 7th and 8th December 2013. The DNB final year candidates appeared for the practical examination in March-April 2014.



Semester (Theory) examination of DNB (Psychiatry)



Semester practical examination of DNB Psychiatry in presence of local appraiser Dr. H.R. Phookun, Professor of Psychiatry, Gauhati Medical College.

Practical-viva of final examination of MD Psychiatry.



#### **Exposure Training**

- A total number of 23 BAMS students from Govt. Ayurvedic College, Guwahati, came for exposure posting from 15th -17th July 2013.
- Three (3) students from Assam Homoeopathic Medical College and Hospital, Nagaon, came for internship training from 3rd to 9th October 2013.
- All students of different disciplines coming for exposure/orientation posting are posted in different Psychiatric Units of Institute.

#### Inspection

The Inspection for recognizing the MD Psychiatry course at LGBRIMH was undertaken on 10th May 2013 by Medical Council of India. Prof. Gyaneswar Sharma, former HOD of the Dept. of Psychiatry, RIMS, Manipur, was the MCI Inspector.



Inspection of MCI recognition for MD Psychiatry on 10.05.13

 Dr. J. Dutta, Academic Registrar, Gauhati University, and Dr. Rita Rani Talukdar, Associate Professor, Department of Psychology from Gauhati University inspected the institute for temporary affiliation for all the 4 academic departments on 3rd August 2013.



Inspection for affiliation for all the academic departments on 03.08.13.

#### **External Examinership**

- Dr. K. Pathak, Associate Prof., has attended Cuttack Medical College as an External Examiner for the MD Final Examination in Psychiatry on 19th June 2013.
- Dr. K. N. Kalita, Associate Prof., has attended the National Board of Examination, New Delhi, as Theory Paper Evaluator of DNB (Psychiatry) examination in February 2014.

#### Thesis

MD and DNB students presented their thesis protocols in the Ethics Committee meeting on 21st August 2013 and 14th February 2014 respectively.

The M.D. student presented thesis protocol on the following topic:

 Urinary Ethyl Glucuronide and Ethyl Sulphate levels of alcohol dependent patients in recent drinking and their relationship with pain.

DNB students presented thesis on the following topics:

- A comparative study of occupational stress and quality of life among teachers in government and private schools in Greater Tezpur.
- A comparative study of the working memory in patients with first episode Schizophrenia and normal population.
- A prospective study of clinical improvement and metabolic side effects in patients treated with olanzapine and risperidone.

#### Research Publication, Presentation and Related Activities

- The ongoing community project entitled "Integration of Mental Health Service Towards Development of Community Based Rehabilitation" has entered the final phase. It is funded by the Ministry of Health and Family Welfare, Govt. of India. The self-help groups and ASHA workers employed under NRHM are functioning satisfactorily under the project.
- The research project INCENSE was initiated in 2011 in collaboration with Sangath, Goa with funding from Sir Dorabjee Tata Trust. The aim of this project is to design a model for care of persons with severe mental illness and further initiate the intersectoral collaboration for continued care and rehabilitation. Pune is the other site of the project. Dr. S. Chatterjee, Sangath, Goa is the Principal Applicant for the project and Prof. V. Patel, Sangath, Dr K. N. Kalita, LGBRIMH and Dr H. Dabolkar, Parivartan, Pune are the Co-Principal Applicants for the project. Efforts are underway to link up various educational, technical and management institutes and marketing agencies of

the region for rehabilitation of persons with mental illness. Dr. S. K. Deuri, Director, LGBRIMH, and Dr. K. N. Kalita, Associate Professor, Psychiatry, attended the third advisory meeting of project INCENSE that was held under the Chairmanship of Shri Harsh Mander on 15th November 2013 in Pune. Dr. S. K. Deuri spoke on the changing concepts of care in mental health and related legislation. He also explained the facilities needed for a holistic care model. The INCENSE model was expected to be an initiative in that direction.





Third Advisory Meeting of INCENSE project held in Pune on 15.11.2013.

#### Conferences/Seminars/Workshops Organized

 A Para Legal Volunteers' Induction Refresher Course was organized in collaboration with District Legal Services Authority, Sonitpur, Tezpur, at Conference Hall, LGBRIMH, Tezpur, Sonitpur, from 26th April to 29th April 2013.



Mr. A. Borthakur, District Judge, Sonitpur, delivering lecture on Para Legal Volunteers' Induction Refresher Course.

- Dr. Joydev Sarma, Associate Professor, Anatomy, GMCH, Gauhati, was invited as a guest faculty for classes on Neuroanatomy from 9th to 10th October, 2013.
- Dr. Laxmi T. Rao, Associate Professor, NIMHANS, Bangalore, was invited as a guest faculty for classes on Neurophysiology held from 16th to 18th January, 2014.
- The department organized a workshop on "Basic Biostatistics" by Dr. M. Philips, Senior Research Officer, at NIMHANS, Bangalore, from 7th to 8th February, 2014.
- Dr. Sushrut Jadhav, Senior Lecturer in Cross-Cultural Psychiatry, University College London Department of Mental Health Sciences, London, United Kingdom, and Mr. Clement Bayetti, Graduate Student, University College London, Mental Health Sciences, were resource persons in the workshop titled "Psychiatry and Anthropology" organized by the Dept. of Psychiatry on 5th March 2014.



Dr. Sushrut Jadhav delivering a lecture in the workshop on Psychiatry and Anthropology on 05.03.14.



Mr. Clement Bayetti addressing the audience in the workshop.

Dr. Bijoy Prasad Borah, Retired Superintendent, LGBIMH, was a resource person for an interactive session. A lecture on "Development of Tezpur Mental Hospital through Ages" was organized by the Dept. of Psychiatry on 20<sup>th</sup> March 2014. Dr. Borah donated books to the institute library.



Dr. B.P. Borah interacting with the employees and students on 20.03.14.

#### Seminars/Conferences/Workshops Attended

- Dr. D. J. Chetia, Assistant Professor, and Dr. S. Sengupta, Assistant Professor, attended a public meeting on mental health organized by Human Welfare Society, Nazira, on 22nd June 2013.
- Dr. P.K. Sarma, Assistant Medical Superintendent, and Dr. Vijay Gogoi, Senior Resident, were resource persons in an awareness meeting for school children on the occasion of World Anti Drugs Day organized by IMA, Tezpur Branch, on 25th June 2013.
- Dr. K.N. Kalita, Associate Professor, and Dr. Vijay Gogoi, Senior Resident, were resource persons in a workshop organized by Equal Opportunities Cell & ChandraPrabha Saikiani Women's cell, Tezpur University on 2nd October 2013. It was organized on the occasion of World Geriatric Day. Dr. Kalita spoke on normal ageing and better understanding of it from the biological point of view, and Dr. Gogoi spoke about the mental illnesses that may appear in old age.
- Dr. S.K. Deuri, Director; Dr. A. Baruah, HoD,; Dr. K. N. Kalita, Associate Professor, Dr. P.K. Sarmah, Assistant Medical Superintendent; Dr. D.J. Chetia, Assistant Prof., Mrs. Arunjyoti Baruah, HOD, Dept. of Psychiatric Nursing; Mrs. K. Gogoi, Nursing Tutor; and all the Senior Residents and P.G. students of the department of Psychiatry attended the 23rd Annual Conference of IPS, Assam State Branch, held at Nagaon, on 4th and 5th October 2013. Dr. A. Baruah, Dr. P.K. Sarma, and Dr. D.J. Chetia were nominated as President and General Secretary and Treasurer of Indian Psychiatric Society, Assam State Branch, respectively. Dr. D.J. Chetia was appointed as a judge to scrutinize the papers of the presenters at the conference.

Dr. S.K. Deuri, Director, and Dr. K.N. Kalita, Associate Professor, attended the 39th CEZIPS held in Ranchi on 26th and 27th October 2013. As the President of IPS, Eastern Zonal Branch, Dr. Deuri presided over the meeting in which Dr. Sayed Ahmed, Governor, Jharkhand was the Chief Guest. Dr. K.N. Kalita was elected as an Executive Member of Indian Psychiatric Society, Eastern Zonal Branch.



Dr. S.K. Deuri delivering lecture as the President, Indian Psychiatric Society, Eastern Zonal Branch, at the 39th CEZIPS held in Ranchi on 26.10.13.

• Dr. K.N. Kalita, Associate Professor, was a resource person in a career awareness meeting for the high school students organized by Asomiya Club in collaboration with the Da Parbatia High School, Tezpur, on 9th November 2013. Dr. Kalita spoke on the health and psychosocial needs of the adolescents.





Dr. K.N. Kalita in the career awareness meeting at Da Parbatia High School, Tezpur, on 09.11.13.

- Dr. Kushal Tamuli, Senior Resident, was a resource person in an awareness programme on Mental Health and Hygiene organized for women at Jamuguri High School on 21st December 2013.
- Dr. Vijay Gogoi, Senior Resident, was a resource person in an awareness meeting on Mental Health and Mental Illness organized by the Department of Psychiatric Social Work, at Missamari on 28th December 2013.
- Dr. D.J. Chetia, Assistant Professor, was a resource person in a CME on "Depression and Co-morbidity," organized by IPS (ASB), on 14th December 2013. Dr. S.K. Deuri, Director and other faculty and staff of the department attended the meeting.
- Dr. K.N. Kalita, Associate Professor, attended the awareness meeting on mental health organized by District Legal Services Authority at Conference Hall, Deputy Commissioner's Office, Nagaon, on 20th February 2014. He spoke on the issue of evolution of the concept of care, custody and treatment of persons with mental illness.
- Dr. K.N. Kalita, Associate Professor, attended the 1st National Seminar on Molecular Pathology of Cancer on 10th January 2014 organized at B. Barooah Cancer Institute, Guwahati.
- Dr. S.K. Deuri, Director, LGBRIMH, and Dr. K.N. Kalita, Associate Professor, attended the workshop on "Addiction" organized in collaboration with Medical Research Council, United Kingdom, and Indian Council of Medical Research, at Convention Centre, NIMHANS, Bangalore, from 26th-28th February 2014.

#### Other Important Activities

- Dr. D. J. Chetia, Assistant Professor, has been deputed by the Institute to visit Tezpur University and provide professional counseling to the students and other members of the University community on a regular basis.
- Dr. A. Baruah, HoD, and Dr. K.N. Kalita, Associate Professor, Dr. Oli Roy Chakraborty, Assistant Professor, and Dr. D.J. Chetia, Assistant Professor, were the resource persons in the staff development programme organized for the non-matriculate staff of LGBRIMH, Tezpur, from 1st August 2013 to 15th September 2013.

#### Awards and Felicitation

• The Director, Dr. S. K. Deuri was felicitated and awarded by Down Town University / Down Town Hospital Ltd. for excellence in Medicine in North Eastern Region on 15th February, 2014 in acknowledgement of his outstanding contribution in the field of psychiatry and in recognition for rendering exemplary services to the region, at their Silver Jubilee function.



Dr. S. K. Deuri, awarded by Down Town University/Down Town Hospital Ltd. for excellence in medicine on 15.2.14.



Dr. S. K. Deuri felicitated by Down Town University/Down Town Hospital Ltd. on 15.2.14

### DEPARTMENT OF PSYCHIATRIC NURSING

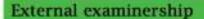
The department of Psychiatric Nursing was started in the year 1998 for enhancing professional training in the field of Psychiatric Nursing. The department is presently running two courses, namely Diploma and M.Sc. in Psychiatric Nursing. Diploma in Psychiatric Nursing is a one year course with intake of 30 trainees deputed from all of the eight North Eastern states. M.Sc. Nursing (Psychiatric Nursing) is a two year full time course with intake of 12 students. The department has the distinction of introducing the first M.Sc. Nursing (Psychiatric Nursing) course in the North East region. The department conducts various clinical, academic and research activities in the institute as well as outside the institute.

#### Faculty and Clinical Supervisory Personnel

Post	Name	Qualification	
Head and Associate Professor	Dr. Arunjyoti Baruah	M. Sc in Psychiatric Nursing (NIMHANS, Bangalore), M. Sc in Psychology (Gauhati University), M. Phil Nursing (MAHE, Manipal), Ph.D in Psychiatric Nursing (National Ph.D. consortium by Indian Nursing Council, RGUHS)	
Nursing Tutor (till 21st October, 2013)	Ms. Kunjalata Gogoi	M. Sc in Psychiatric Nursing (Gauhati Univeristy)	
Nursing Tutor	Ms. Nurnahar Ahmed	M. Sc in Psychiatric Nursing (Gauhati University)	
Nursing Tutor	Ms. Pratima Hainary	B. Sc Nursing (CMC, Vellore), DPN (CIP, Ranchi University)	
Nursing Tutor	Ms. Bineeta Nath	M. Sc in Psychiatric Nursing (Gauhati University)	
Nursing Tutor	Ms. Ambily K. Gopal	M. Sc. in Psychiatric Nursing, Kerala Health University.	

#### Academic activities

- Final examinations of M.Sc. Nursing (Psychiatric Nursing) 1st and 2nd year and DPN were held from 1st April to 12th April 2013.
- Dr. M.S. Khanikor, Principal, Regional College of Nursing, Mrs. Ashima Chakravorty, Principal, College of Nursing, BM Birla Heart Institute, Kolkata, Mrs. Pushpita Chakravorty, Vice Principal, College of Nursing, Silchar Medical College, Mrs. Pinaki Bayan, Principal, Shankar Madhav College of Nursing, Guwahati, and Miss Bonti Baruah, Associate Professor, Regional College of Nursing, Guwahati, were the external examiners for both the examinations.
- Admission to the seventh batch of M.Sc. Nursing (Psychiatric Nursing) for the session 2013-15 was completed. A total of 12 candidates were admitted to the course. A new batch of 10 students was admitted under DPN course out of which 3 were in-service candidates of LGBRIMH.
- The results of the final examination of M.Sc. Nursing (Psychiatric Nursing) 1st and 2<sup>nd</sup> year were declared in the month of May 2013. A total number of 11 students appeared in the 1st year final examination and 9 students cleared the examination. On the other hand, a total number of 10 students appeared in the 2nd year final examination and 9 students cleared the examination.
- The result of the final examination of DPN was declared in May 2013. A total number of 5 students appeared in the examination out of which 3 students were successful in clearing the examination.
- Two M.Sc. Nursing students of 1st year and two DPN students appeared for supplementary examination in October 2013 and were declared successful. Supplementary examination was held from 23rd October to 30th October 2013. Mrs. Ashima Chakravarty, Principal, BM Birla College of Nursing, Kolkata, was the external examiner.
- Model test of M.Sc. Nursing (Psychiatric Nursing) and DPN students was conducted from 12th -21st March 2014.
- Final examination of M.Sc. Nursing (Psychiatric Nursing) and DPN students was held from 31st March 2014.



- Mrs. K. Gogoi, Nursing Tutor, was an external examiner at Regional College of Nursing, Guwahati, for Practical examination of B.Sc. Nursing 3rd year held on 13th May 2013.
- Mrs. Arunjyoti Baruah, HOD, was an external examiner at Assam Down Town University for examination of 1st year M.Sc. Nursing students of Shankar Madhab College of Nursing, Guwahati, on 24th June 2013.
- Mrs. Arunjyoti Baruah, HOD, was an external examiner at West Bengal University of Health Sciences, Kolkota for 2nd year examination of M.Sc. Nursing students of B.M. Birla College of Nursing on 24th and 25th July 2013.
- Mrs. Arunjyoti Baruah, HOD, was invited as guest faculty to Central Institute of Psychiatry, Ranchi from 25th - 29th September 2013.

#### Inspection

 Dr. J. Dutta, Academic Registrar, Gauhati University, and Dr. Rita Rani Talukdar, Associate Professor, Department of Psychology from Gauhati University inspected the department for affiliation on 3<sup>rd</sup> August 2013, following which temporary affiliation was given for the session 2013-14.

### **Exposure Training**

- 2nd year M.Sc. Nursing (Psychiatric Nursing) students were posted along with one faculty in Kanaklata Civil Hospital (KCH), Tezpur for exposure in post natal ward from 22nd to 28th January 2014. During the posting in KCH, the students provided health talk to the patients and family members on different topics like importance of exclusive breastfeeding and the techniques, care of new born, nutrition of post natal mothers, care of hygiene, immunization, and psychological care of the postnatal women.
- Second year M. Sc. Nursing and DPN students were posted in NIMHANS, Bangalore, for exposure posting in July 2013.
- First year M. Sc. Nursing students were posted in Guwahati Medical College Hospital for clinical experience in Neurology and ICU during November-December 2013 for 4 weeks.

#### Field Visit

- 2nd year M. Sc. Nursing and DPN students visited District Disability Rehabilitation Centre, Tezpur, and Sanjivani, an NGO, on 11th and 12th December 2013.
- 1st year M.Sc. Nursing and DPN students visited the Mahila Samiti, Tezpur, on 17th December 2013.
- 1st year M.Sc. Nursing and DPN students visited Ashadeep, Guwahati on 4th December, 2013 and State Nursing Council on 5th December 2013.

#### Visiting students

Nursing students from various institutions who visited LGBRIMH throughout the year are listed below:

- GNM students from St. Augustine School of Nursing, Chirang, Assam
- GNM students from School of Nursing, Burrows Memorial Christian Hospital, Baskhandi, Silchar, Assam
- GNM students from School of Nursing, Catholic Christian Mission Hospital, Borgang, Assam
- GNM students from School of Nursing, International Hospital, Guwahati, Assam
- GNM students from Shankar Madhab school of Nursing, Guwahati, Assam
- GNM students from NEPNI School of Nursing, Guwahati, Assam
- GNM students from SON Jorhat Christian Medical Centre, Jorhat, Assam
- B.Sc. Nursing students from Shankar Madhab College of Nursing, Guwahati, Assam
- B.Sc. Nursing students from CPMS College of Nursing, Guwahati, Assam
- B.Sc. Nursing students from Regional College of Nursing, Guwahati, Assam
- M.Sc. Nursing students from Asian Institute of Nursing Education, Guwahati, Assam
- M.Sc. Nursing students from Regional Nursing College, Guwahati, Assam
- GNM students from School of Nursing, R.K. Mission, Itanagar, Arunachal Pradesh
- GNM students from R.S.M. School of Nursing, Tura, Meghalaya
- GNM students from School of Nursing, Porompat, Khabeisoi, Manipur

- GNM students from Bethesda School of Nursing, Manipur
- GNM students from School of Nursing, RDO, Manipur
- B.Sc. Nursing students from Mizoram College of Nursing, Aizwal, Mizoram
- GNM students from School of Nursing, Christian Institute of Health Science and Research, Dimapur, Nagaland
- Post basic B. Sc. Nursing students from Christian Institute of Health Science & Research, Dimapur, Nagaland
- Post B.Sc. Nursing students from CON North Bengal Medical College & Hospital, West Bengal
- M.Sc. Nursing students from CON Medical College & Hospital, Kolkata, West Bengal
- M.Sc. Nursing students from West Bengal Govt. College of Nursing, Kolkata, West Bengal

#### Dissertations

The first year M. Sc. Nursing (Psychiatric Nursing) students presented their dissertation protocols in the Ethics Committee meeting on 11.12.13. The topics are as follows:

- A study to assess the knowledge regarding effect of smoking among the persons with mental illness attending OPD at LGBRIMH, Tezpur, Assam.
- A study to assess the effectiveness of planned training program on knowledge regarding management of patients with violent behaviour among staff nurses in selected hospitals of Sonitpur district, Assam.
- A descriptive study to assess the positive and negative symptoms according to the duration of illness in persons with Schizophrenia admitted in LGBRIMH, Tezpur.
- A study to assess the knowledge regarding Dementia among the family members of the older people in some selected areas of Sonitpur District, Assam.
- A study to assess the quality of life among primary caregivers of patients with Alcohol Dependence Syndrome attending OPD of LGBRIMH, Tezpur.

- A study to assess the effectiveness of teaching module on ECT Nursing care among the visiting GNM students in LGBRIMH, Tezpur.
- A descriptive study to assess the knowledge and practice of psychotropic medications related nursing interventions among staff nurses working in LGBRIMH, Tezpur, Assam.
- A descriptive study to assess the level of anxiety and its association with selected factors among General Nursing and Midwifery students of selected nursing schools in Tezpur, Assam.
- A study to find the association of prevalence and pattern of tobacco use with anxiety and depression among college students, at a selected college of Sonitpur district, Assam.
- A descriptive study to assess the stress as an impact of flood among people living in flood affected areas of Majuli, Assam.
- A study to assess the students' perception towards nurse educators in selected post-graduate Nursing Colleges of Assam.

#### Clinical services

Outdoor & Indoor: Clinical and consultation services at OPD and indoor are provided from the Department of Psychiatric Nursing. The activities carried out are grouped under the headings like -

Service Setting	Activity	Number
OPD	Group psychoeducation	529
	Individual	3787
	counselling/psychoeducation	
	Family Nursing intervention	3004
	(counselling/psychoeducation)	
	Detailed case	2811
	assessment/screening	
	Admission counselling	110
	Discharge counseling	117

#### ANNUAL REPORT 2013-2014

Indoor	ECT Nursing care (pre, during & post)	3159
	Group activity/skill training	308
	Individual counselling	780
	Pre-discharge counselling/psychoeducation	521
	Special Nursing Care	128
	Activity scheduling/ADL training	46
	Nursing care review	384
	Patient development program	11
	Nursing Care Audit	37
Community	Group psychoeducation in community extension clinic	44
	Mental Health Education	56
	Family Nursing Assessment	174
	Health Awareness Meeting	7
Research	Regular research done by the student	33
	Case presentation	100
	Seminar presentation	89
	Journal Club Presentation	8

M.Sc. Nursing (Psychiatric Nursing) students organized 11 patient development programs at Indoor by conducting different competitions including spoon race, recitation, ludo, musical chair, extempore, spot drawing and essay writing for patients on a regular basis.



Musical chair competition organized for the patients.



Patients participating in sports activity.

## Community services

- The students and faculty of the Department of Psychiatric Nursing attended the community extension clinic at Sootea, Jakhalabandha & Missionaries of Charity, Tezpur. Psycho-education and health talk were given to the patients and their family members.
- The students of the Department along with faculties conducted community mental health programme in Kalibari Village under Talgereki subcentre. Students were assigned with a few projects for which home visits were made to assess the family in the community. Health education was given to people in the community on different topics including mental health and mental hygiene.
- On the occasion of World Mental Health Day 2013, an awareness meeting was organized at Talgereki subcentre on the theme "Mental Health of Old Age."



World Mental Health Day Observance.

- The students of the department along with faculties conducted Community Mental Health Program in 27 different sub-centers under Bihaguri PHC. Health education was given to people in the community on different health related topics.
- A Diabetes Awareness Program was organized by the Department of Psychiatric Nursing in OPD and Community (Bakari Gaon Sub-centre) on 14th November 2013.





Diabetes Awareness Program at Bakari Gaon Sub-centre

# Seminar/conference/workshops

### Organized by the Department

 Mrs. Arunjyoti Baruah, HOD, and Mrs. K. Gogoi, Nursing Tutor, were the resource persons in the workshop titled "Nutrition and Food Hygiene" for kitchen staff and ward sisters of LGBRIMH, Tezpur organized by the DPN students on 22<sup>nd</sup> April 2013.



Workshop on Nutrition and Food Hygiene on 22.04.13.

 Mrs. Arunjyoti Baruah, HOD, and Mrs. K. Gogoi, Nursing Tutor, were the resource persons in the staff development programme "Job responsibilities of health personnel working in psychiatric set up" for ward sisters, staff nurses and keeper staff of the institute organized by M.Sc. Nursing 1st year and 2nd year students on 26th and 27th June 2013.





Workshop on "Job responsibilities of health personnel working in psychiatric set up" held on 26.06.13 and 27.06.13.

 Mrs. Arunjyoti Baruah, HOD, and Mrs. K. Gogoi, Nursing Tutor, were the resource persons in the staff development programme organized for the nonmatriculate staff of LGBRIMH, Tezpur, from 1st August to 15th September 2013.



Awarding of certificates to employees who participated in staff orientation programme.

 Dr. Sailaxmi Gandhi, Assistant Prof. Dept. of Psychiatric Nursing, NIMHANS, Bangalore, was a resource person in the workshop titled "Clinical Research Methodology" organized by Dept. of Psychiatric Nursing on 6th September 2013.



Dr. Sailaxmi Gandhi in the workshop Clinical Research Methodology on 06.09.13.

 Ms. Jesper Damaris, Nursing Director, BCH, Tezpur, and Sr. Bimal Paul, Principal, School of Nursing, Borgang, were resource persons in the staff development program "Be safe in clinics: Standard Safety Measures and Nursing Care Protocols" for Nursing personnel organized in the institute by the Dept. of Psychiatric Nursing on 16th September 2013.

Ms. Jesper Damaris and Sister Bimal Paul in the staff development programme on 16.09.13.



 Mrs. Abanti Gopan, Nursing consultant, Kolkata, was a resource person in the CNE on "Material Management" organized by Dept. of Psychiatric Nursing on 3rd October 2013.



Mrs. Abanti Gopan in the CNE Material Management on 03.10.13  Dr. Mrs. M.S.Khanikor, Principal, Regional College of Nursing, Guwahati, was a resource person in the CNE on "Issues & Challenges in Psychiatric Nursing" organized by Dept. of Psychiatric Nursing on 14th December 2013.

Dr. (Mrs.) M.S. Khanikor in the CNE on Issues and Challenges in Psychiatric Nursing on 14.12.13



 Mrs. Sewali Goswami, senior faculty, Education Dept., B.Ed. College, Tezpur, was a resource person in the workshop on "Method of teaching: Innovative ways" organized by Dept. of Psychiatric Nursing on 20th and 21st December 2013.



Mrs. Sewali Goswami in the workshop on Method of Teaching: Innovative Ways on 20.12.13 and 21.12.13

- 2nd year M.Sc. Nursing (Psychiatric Nursing) students conducted a School Mental Health Program at Emmanuel Christian School, Mission Chariali, on 20.11.13 in which 50 students of class VIII & IX attended the Program.
- Mrs. Arunjyoti Baruah, HOD, Mrs. B. Baruah, Staff Nurse, and Dr. K. Tamuli, Senior Resident, Department of Psychiatry, were resource persons in the community Mental health awareness camp organized by the Department of Psychiatric Nursing at North Jamuguri High School on 21st December 2013.



- Nursing staff, faculty and all the DPN students of the Department of Psychiatric Nursing attended the 36th Biennial conference of Trained Nurses' Association of India, Assam State Branch, held at Khetri, Assam.
  - Mrs. Arunjyoti Baruah, HOD, moderated a scientific session on the theme "Role model of Nurse Educator: Student's Perspective."
  - Mrs. Biyola Baruah, M.Sc. Nursing staff, participated in the panel discussion on "New Dimensions in Nursing."
  - Mrs. Arunjyoti Baruah acted as election officer for the TNAI Assam State Branch election.
- Mrs. Arunjyoti Baruah, Mrs. K. Gogoi, Nursing Tutor and M.Sc. Nursing students attended the annual conference of IPS, Assam State Branch held at Nagaon on 4th and 5th October 2013. Mrs. K. Gogoi presented a paper on "A descriptive study of anxiety level of higher secondary students of a selected college in Tezpur", authored by Alvareen Pasi and Mrs. K. Gogoi.
- Mrs. K. Gogoi, Nursing Tutor, was the resource person for "Sensitization program for school teachers and children," on 07.10.13 at Besseria High School.
- Mrs. Biyola Baruah, M.Sc. Nursing staff, was the resource person for the program "Quality Nursing Service" at B.C.H. Tezpur on 15.10.13.
- Dr. Arunjyoti Baruah, HOD and 3 students of 1st year M.Sc. Nursing (Psychiatric Nursing) attended the 13th Annual National Conference of ISPN at St. John's College of Nursing, Bengaluru from 8th to 10th February 2014. The theme was "Multi Dimensional Strategies for Tobacco Cessation, Psychiatric Nursing Perspectives."
  - Dr. Arunjyoti Baruah chaired a scientific paper presentation in the conference.
  - Two 1st year M.Sc. Nursing students presented scientific papers in the conference. The topics of the two papers were "A study to assess the knowledge regarding effects of smoking among the person with mental illness attending OPD at LGBRIMH, Tezpur" and "A study to find out the prevalence and pattern of tobacco use among person with mental illness attending OPD at LGBRIMH Tezpur".

### Publications

- Mrs. Arunjyoti Baruah, HOD, published a concept article on "Futuristic vision for Nurses: Scope in Nursing," in Souvenir of 36th Biennial conference of TNAI, Assam on 22-23rd September, 2013.
- Mrs. Arunjyoti Baruah, HOD, Mary A. Angami, M.Sc. Nursing student, and Ms. N. Ahmed, Nursing Tutor, published the paper "Motivational Intervention among patients with alcohol dependence syndrome: a quasi experimental study in a selected de-addiction centre in Assam" in Dysphrenia, an academic indexed journal in January 2014.

### Other activities

• International Nurses' Day was celebrated in the institute with the theme "Closing the gap: The Millenium Development Goals." Ms. Jesper Damaris, Nursing Director of BCH, Tezpur, was the Chief Guest in the meeting. Poster competition and quiz competition were organized among the nursing personnel of the institute.



International Nurses' Day Celebration.

### Major achievements

 Dr. Arunjyoti Baruah, HOD, appeared in the open viva for Ph. D degree held on 7.2.2014 at Nodal Centre for National Consortium for Ph.D. in Nursing by Indian Nursing Council at Bengaluru. She was awarded the Ph.D degree in the convocation of Rajiv Gandhi University of Health Science, Bengaluru on 26.03.14.



Dr. Arunjyoti Baruah receiving her Ph.D. degree in the convocation of Rajiv Gandhi University of Health Sciences, Karnataka.

 Mrs. Basanti Kumsing, ward sister, won three gold medals at various sports events held at TNAI meet, Khetri, Assam, on 22nd September 2013.

# **DEPARTMENT OF PSYCHIATRIC SOCIAL WORK**

### Introduction

The Department of Psychiatric Social Work was started in the year 1998. The Department came into being with the objective of initiating Psychiatric Social Work services at the institute and thereby give impetus to the development of manpower in the field of Psychiatric Social Work.

The Department started the M. Phil course in Psychiatric Social Work with affiliation from the Gauhati University during the year 2009-10. It is a two year full-time clinical course leading to award of pre-doctoral degree with an annual intake of 5 students.

# Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Head & Professor	Dr. Sonia Pereira Deuri	MSW (School of Social Work, Mangalore University), M. Phil,(PSW-NIMHANS), Ph. D. (Mizoram University)
Assistant Professor	Dr. Sobhana H.	MSW(Rajagiri College – MG University), M Phil, Ph. D (PSW-NIMHANS), Post- Doctoral Fellowship (University of Florida, USA)
Assistant Professor	Dr. Arif Ali	MSW (AMU-Aligarh), M Phil, (PSW-CIP, Ranchi University ) Ph.D (RINPAS-Ranchi University)
Assistant Professor	Mr. Apurba Saha	MSW(Visva-Bharati), M. Phil, Ph.D- Submitted (NIMHANS, Bangalore)
Psychiatric Social Worker	Dr. G. Majhi	MSW(NISWASS- Utkal University), M Phil, Ph.D (PSW - RINPAS-Ranchi University)
Psychiatric Social Worker	Dr. I. Banerjee	MSW (M.G. Kashi Vidyapeeth, Varanashi), M Phil, (PSW-CIP, Ranchi University) Ph.D (M.G. Kashi Vidyapeeth, Varanashi)
Psychiatric Social Worker	Ms. Buli Nag Daimari	MSW (Mizoram University), M Phil, (PSW - NIMHANS)
Psychiatric Social Worker	Ms. Athelrine Horo	MSW (CSRD – Pune University), M Phil, (PSW – LGBRIMH, Gauhati University)

### Academic Activities

- A new batch of five students joined the 1st year M. Phil course for the session 2013-15 on 2nd May 2013.
- Final examination for 1st year and 2nd year trainees was held in April 2013.
  The results of the examination were announced with three (out of five)
  trainees in the 1st year and two (out of four) trainees in the 2nd year
  successfully clearing the examination. Supplementary examination was
  conducted for both the 1st and 2nd year trainees from 26th October to 1st
  November 2013.





Final examination held in April 2013.

- Students of M. Phil Psychiatric Social Work from the Department were posted at the following centres for exposure training as mentioned below:
  - 2nd year trainees underwent exposure posting at NIMHANS, Bangalore for a period of 1.5 months in Child Psychiatry, Family psychiatry & De-addiction services.
  - The M. Phil trainees were posted at Dept. of Psychiatry, GMCH, Guwahati, for exposure training to General Hospital Psychiatry.
- 2nd year M. Phil trainees were posted at Lokhra, Tezpur for community organization. The activities carried out during the posting are:
  - The 2nd year trainees conducted a household survey for mental health problems in the Lokhra Village. They surveyed 444 households and found 26 persons who needed further assessments for mental disorders and were referred for treatment.
  - The trainees of the department under the supervision of two faculty members conducted six street plays on 14th, 21st and 27th December 2013.



Street plays conducted at Lokhra, Tezpur

- The trainees organized various awareness programmes for which the following persons were the resource persons:
  - Dr. Sonia P. Deuri, HOD, Dr. Sobhana H., Assistant Professor, Mr. Apurba Saha, Assistant Professor, Dr. I. Banerjee, Psychiatric Social Worker, and Ms. Athelrine Horo, Psychiatric Social Worker, were the resource persons for the two-day adolescent mental health awareness program conducted at Kendriya Vidyalaya, Lokhra, on 17th and 18th December 2013.
  - Ms. Athelrine Horo, Psychiatric Social Worker, was the resource person in a women's mental health awareness program held on 23rd December 2013.
  - Dr. Vijay Gogoi, Senior Resident, Department of Psychiatry, Dr. Gobinda Majhi, Psychiatric Social Worker, and Ms. Athelrine Horo, Psychiatric Social Worker, were the resource persons in a public mental health awareness meeting held on 27th December 2013.

## Inspection and Meetings

 Dr. J. Dutta, Academic Registrar, Gauhati University, and Dr. Rita Rani Talukdar, Associate Professor, Department of Psychology from Gauhati University, inspected the department for affiliation on 3<sup>rd</sup> August 2013.

### Dissertations

M. Phil trainees presented the research protocol of their dissertations to the Scientific Review Committee. The Ethics Committee meeting was held for approval on 30-11-2013. The title for the studies are as follows:

- A Study on Perceived Family Interaction Pattern and Social Support in persons with Schizophrenia
- Marital quality, coping strategies & perceived social support of the wives of persons with alcohol dependence syndrome.
- Quality of Life and Psychosocial Problems of Persons after stroke.
- A Study on stress and attitude towards Self and Spiritual Experiences in Persons with Somatoform Disorder.

# **Exposure Training**

Students from other institutions are provided the opportunity to undergo training in the institute. Exposure posting comprises of two variants, Block Placement and Field Placement.

Students from the following institutions underwent Block Placement Training in the Department :

- MSW Block Placement trainees from CSRD Ahmed Nagar, Maharashtra, from 20th May - 20th June 2013.
- MSW trainees from TISS, Guwahati, Asaam, was posted from 22nd May to 20th June 2013.
- MSW students from Assam Don Bosco University, Assam, were posted from 18th September 2013.

Students from the following institutions underwent Field Placement Training in the Department :

 MSW trainee from Assam Don Bosco University, Guwahati, Assam, for a 15 day summer internship from 24th June to 9th July 2013.

### External Examinership

 Mrs. Sonia P Deuri was the External Examiner in the M.Phil Psychiatric Social Work, for Ranchi University at CIP, Ranchi on two occasion namely April 2013 and November 2013.

## Clinical Services

• Apart from the academic activities, the Department undertakes psycho-social interventions and services at the Indoor, Outdoor and Community clinics which include group interaction, case work, admission and discharge counselling, psycho-education, home visits, family education, family and couples therapy, reintegration of long-stay patients and organization of community mental health camps. The department started the admission and discharge counselling services at the OPD for proper guidance during the admission and discharge of patients. The department also undertakes inputs to bring about awareness about mental illness. The faculty and PSWs provide psychosocial counselling to the guardians and provide information about the disease as well as its management.

The clinical services at the OPD, Indoor and Community are summarized below for the session 2013-14:

Service Setting	Number of Patients
Individualised Psychosocial Services	1224
Admission Counselling	1360
Discharge Counselling	1186
Family Therapy	167
Community Outreach Programme	39
Psychological Care	1291
Promotion of social skill and group work/group activity	162
Individualised community integration effort	1509
Professional Development	25
Liaison with NGO/GO	22
Delivery of Mental Health Promotion	13
Research Activity	97



# Workshops organized by the department

- Dr. Rajaram S., Psychosocial Consultant & Psychiatric Social Work Educator, Bangalore, conducted the following workshops:
  - A two-day workshop on "Supervisory Skills" as a part of staff development program on 27th and 28th May 2013.
  - A three-day workshop on Basic therapeutic skills on 30th, 31st May and 1st June 2013.



Dr. Rajaram S. as a resource person in the workshop on Basic Therapeutic Skills on 30.05.13

 Two day workshop on "Cognitive Behaviour Therapy" by Dr. Linthoi Akoijam, Consultant Clinical Psychologist, Max Super Specialty Hospital, Dehradun, on 29th and 30th July 2013.



Dr. Linthoi Akoijam as a resource person in the workshop on Cognitive Behaviour Therapy.

- A three day workshop on "Psychosocial care for people affected by violence" was organised for the M. Phil trainees of the department on 16th, 17th and 18th October 2013.
- Workshop on 'Project planning and Management' by Fr. Lord M. Winner, Project Director, Clarition Social Service Society, Ranchi from 15th and 17th February 2014.



A workshop on Project Planning Management by Fr. Lord Winner on 15.02.14

# **Extra Mural Activities**

# Awareness meetings organized by the department

- Dr. Arif Ali, Assistant Professor, was a resource person for a community awareness program on mental illness. It was organized by Human Welfare Society (NGO) Sivasagar, Assam
- Ms. Buli N. Daimary, Psychiatric Social Worker, was a resource person for a district level community sensitization programme for multipurpose workers in the area of "Identification and community involvement for Mental Retardation" on 29th and 30th October 2013.

## Liaison/Consultancy Activities

 The department liaisoned with Social Welfare, Department of Health and Family Welfare Department of Govt. of Assam for relocation and placement of long stay patients of the hospital. The patients are in the process of being shifted to Govt. supported NGOs - NEVARD, Bongaigaon and Help Aid Guwahati.



Orientation program with members of NEVARD on 24.03.14

- Dr. Sonia P. Deuri, HOD, and Ms. Buli N. Daimari, Psychiatric Social Worker, visited an NGO 'NER Multi Purpose School and Handicap Training Centre,' at Balipukhuri, Biswanath Chariali on 7th December to evaluate the feasibility of placing homeless patients who were admitted with reception order.
- Dr. Sonia P. Deuri, HOD, Dr. Sobhana H, Assistant Professor, and Mr. Apurba Saha, Assistant Professor, had a meeting with the CJM Sonitpur on 16th December to discuss placement issues of homeless patients.
- The department liaisoned with 'NER Multi Purpose School and Handicap Training Centre' (Assam Govt. approved NGO), Balipukhuri, Biswanath Chariali for placement of homeless patients.

### Research Publication, Presentation and related activities

 The department of PSW signed a MOU for interventional project with Indo Global Social Services Society (IGSSS) for Psychosocial Care programme, in Kokrajhar, Assam and Mamit, Mizoram for a period of six months from 15th October to 14th March 2014, for violence affected persons.

- Dr. Sobhana H., Assistant Professor, and Mr. Apurba Saha, Assistant Professor, made two field visits to the violence affected areas at Bongaigaon on 5th and 6th January 2014. The visit was also to supervise the Psycho social care program. They also had a meeting with the IGSSS members who are partners for the program.
- The department has been working on various research topics and projects like
  - Psychosocial Care in violence affected persons in Assam & Mamit (Mizoram).
  - A Study on stress and attitude towards self and Spiritual experiences in Persons with Somatoform Disorder.
  - Marital quality, coping strategies & perceived social support of the wives of persons with alcohol dependence syndrome.
  - Quality of life and psychosocial problems of persons after stroke.
  - A study on perceived family interaction pattern and social support in persons with Schizophrenia.

## Seminars/ conferences/ workshops / meetings attended

- Mrs. Sonia P. Deuri, HOD, and Dr. Sobhana H., Assistant Professor, attended the Indo US Fogarty meeting and Research Skill Workshop organized by Fogarty International Centre Indo-US program in non-communicable diseases (CNCDs) at Gangtok, Sikkim, from 13th May to 16th May 2013. Mrs. Sonia P. Deuri, co-chaired the discussion on "Designing a study - Practice Session in small groups" in the meeting. She also presented a paper on CNCDs in the Northeast Region of India - Research Needs on 15th May. Dr. Sobhana H. presented a concept paper and grant idea on Domestic Violence at the meeting. She also presented a paper on "Fogarty Training - A Perspective."
- Mrs. Sonia P. Deuri, HOD, attended the State Mental Health Authority Assam meeting held on "Care, Treatment and Rehabilitation of Homes Mentally Ill' at the Office of Principle Secretary, Social Welfare Department, Dispur on 23rd July 2013. She also attended the State Mental Health Authority meeting on the 3rd August 2013.
- Dr. Sobhana H., Assistant Professor, Dr. Arif Ali, Assistant Professor, and Mr. Apurba Saha, Assistant Professor, were resource persons for the program on "Family Welfare and Stress Management" organized at the 36th Assam Rifles, Tezpur, on 12th and 13th September 2013.

- Mrs. Buli Nag Daimari, Psychiatric Social Worker, attended modular workshop on "Review of Literature and Writing Skills" conducted by Centre of Research Methodology, Tata Institute of Social Science (TISS), Mumbai from 14th to 19th October 2013. She also attended the modular 5 days workshop on "Research Methodology" conducted by Centre of Research Methodology, Tata Institute of Social Science (TISS), Mumbai from 27th January 2014.
- A meeting was held on 21st October 2013 at the IGSSS, Guwahati to discuss the Psychosocial Care programme. The meeting was attended by Dr. Sonia P. Deuri, Dr. Sobhana H., Assistant Professor, and the newly appointed project staff Ms. Budhiswatya and Ms. Zothansangi.
- Dr. Sobhana H., Assistant Professor, and Mr. Apurba Saha, Assistant Professor, were resource persons for a two day 'Workshop on Psychosocial Care Management in Disaster' organized by the IGSSS for the community mobilizers at Bongaigaon from 28th January-29th January 2014. They were also the resource persons for a two day 'Workshop on Psychosocial Care Management in Disaster' organized by the IGSSS for the community mobilizers at Mamit, Mizoram from 31st January-1st Feb. 2014.





Dr. Sobhana H. and Mr. Apurba Saha at the workshop organized by IGSSS at Mamit, Mizoram.



Mr. Apurba Saha at the workshop organized by IGSSS at Bongaigaon.

 Dr. Sonia P. Deuri, HOD, and Dr. Sobhana H., Assistant Professor, attended the 18th National ARDSI Conference at Guwahati on 29th and 30th November 2013. Dr. Sonia P. Deuri chaired a session on 29th November 2013.



18th National ARDSI Conference.

 Dr. Sobhana H., Assistant Professor, attended a workshop on Qualitative Research Methods and Data Analysis conducted by IIPH-Delhi from 2nd-6th December 2013.



Workshop on Qualitative Research Methods and Data Analysis at Delhi.

- A project evaluation meeting of "Psycho Social Care Program for Violence Affected people at Assam and Mizoram" was held with the IGSSS Guwahati team members on 8th December 2013 at LGBRIMH, Tezpur.
- Dr. Sobhana H., Assistant Professor, and Mr. Apurba Saha, Assistant Professor, were resource persons for a three day workshop on trauma counselling organized by the LWSI at Gosaigaon from 7th-9th January 2014.



Workshop on trauma counselling at Gosaigaon.

- Dr Arif Ali, Assistant Professor, participated at the Annual Conference of Indian Society of Social Psychiatry, held at Kolkata, Nov 2013 and presented a paper titled "Internet addiction among college going students and its relationship with depression anxiety and stress".
- Ms. Suman Borah and Ms. Deboshree Borah (M. Phil trainees) participated and presented paper at the Annual Conference of Indian Society of Social Psychiatry, held at Kolkata, Nov 2013.
- Ms. Buli N. Daimary, Psychiatric Social Worker, was a resource person for a district level community sensitization programme for early identification and intervention of child hood mental health problems organised by NIOH, Kolkata in March 2014.
- Dr. Arif Ali, Assistant Professor and Mr. Apurba Saha, Assistant Professor attended a seminar on Child Protection Services organized by the National Law University, Guwahati in March 2014.

## Paper Publications

- The research paper titled "Paranormal Belief among School Children" by Dr. Arif Ali, and Mrs. Sonia P. Deuri, got published in "Global Research Analysis" in April 2013.
- The research paper titled "Sexuality and Marital Adjustment among Person with Somatization Disorder," by Budhiswatya S. Das, Dr. Arif Ali and Mrs. S.P. Deuri, got published in "International Journal of Scientific Research" in the April 2013 issue.
- The research paper titled "Adolescents Attitude towards Sexuality: A Cross Cultural Perspective," by Dr. Arif Ali, et al got published in "International Journal of Scientific Research" in the May 2013 issue.
- The research paper titled "Clinical Social Work Practice: Methods and Modalities", Paripex - Indian Journal of Research, by Dr. Arif Ali, et al got published in "International Journal of Scientific Research" in the May 2013 issue.

## Major Achievements

- Dr. Sonia P. Deuri, HOD, was nominated as a member of the Assam State Mental Health Authority in August 2013.
- Dr. Sonia P. Deuri, HOD, was declared to have completed her Ph.D viva successfully on 2nd August 2013 and is fit to be awarded the Doctorate degree.
- Mrs. Sonia P. Deuri, HOD, was nominated as a member of the Ethics Committee, Tezpur University in July 2013.
- Dr. Sobhana H., Assistant Professor, completed the 6 months Post Doctoral fellowship at University of Florida, US in April 2013.
- Dr. Gobinda Majhi, Psychiatric Social Worker, and Mrs. Buli Nag Daimari, Psychiatric Social Worker, qualified National Eligibility Test (NET) for Lectureship, 2013.
- Mrs. Buli Nag Daimari qualified for PhD entrance at TISS ,Mumbai and registered for Ph. D. in June 2013.



### Introduction

The Department of Clinical Psychology was started in 2002 with the objective to introduce academic courses in the area of Psychology and also to provide psychological interventions to the patients. The Department had started the M. Phil in Clinical Psychology from 2011-12 session with intake of four students per year. The Department is involved in psycho-diagnostic psychotherapy, counselling, child guidance, remedial education for children with special needs, parental counselling, teaching, research, rural community programme and urban school mental health programmes. It is equipped with modern neuro-psychological test materials and biofeedback equipment. The department undertakes teaching assignments for all groups of trainees of the institute including exposure posting from other institutions throughout the country. Visiting faculties are also invited to take classes for the students.

## Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Assistant Professor	Dr. (Ms.) Maitreyee Dutta	M.A (Gauhati University), M.Phil (CIP, Ranchi Univer- sity), Ph. D (RINPAS, Ranchi University)
Clinical Psychologist	Mr. Ranjan Kumar	M.A. (V. B. University), PGDGC (NCERT), M. Phil (RINPAS, Ranchi University)
Clinical Psychologist	Mr. B. Surchandra Sharma	M.A (Dr. B.R.A. University, Agra), M. Phil (RIMS, M.U.)
Clinical Psychologist	Ms. Jayshree Bora	M.Sc. (Christ College, Bangalore), M. Phil(LGBRIMH, G.U.)

### Academic Activities

- 3rd batch of four students joined 1st year M. Phil course for the session 2013-15.
- The department regularly conducted examinations for M, Phil in Clinical Psychology students.

## External Examinership

 Mr. Ranjan Kumar, Clinical Psychologist, was an external examiner at Dibrugarh University, Dibrugarh, for Second and Fourth Semester examination of M.A. (Applied Psychology) on 24th and 25th June 2013.

## **Exposure Training**

Students from the following institutions underwent exposure posting in the department:

- 2nd year students of M.A. Applied Psychology from Dibrugarh University, Dibrugarh, Assam.
- 2nd year students of M.A. Applied Psychology from Assam Don Bosco University, Guwahati, Assam.
- 2nd year students of M.A. Psychological Counselling from Assam Don Bosco University, Guwahati, Assam.
- 4th Semester Students from Mizoram University, Mizoram.
- 2nd year students of M.A. Applied Psychology from Sam Higginbottom Institute of Agriculture, Technology and Science, Uttar Pradesh.
- M.A. Applied Psychology students from Sikkim University, Sikkim.

### Dissertation

M.Phil students presented their dissertation protocol in the Scientific Review Committee and Ethics Committee meeting. The topics for dissertations are as follows

- Efficacy of bender-visual motor gestalt test-II in the assessment of visualspatial ability and visual-spatial memory in Psychiatric patients.
- A comparative study of Neurocognitive functions in healthy sibling of patients with Schizophrenia.
- Emotional intelligence, coping, and self-esteem in mental and behavorial disorder due to use of alcohol.
- Anxiety, depression and quality of life in mothers of children with intellectual disability.

## Inspection

 Rehabilitation Council of India (RCI) completed their inspection for the course of M.Phil in Clinical Psychology on 8th June 2013. Dr. M. Akshayakumar Singh, HOD, Department of Clinical Psychology, Regional Institute of Medical Sciences (RIMS), Imphal, and Dr. Sanjukta Das, Senior Lecturer, Department of Psychology, University of Kolkata, attended as RCI inspectors. RCI has recognized the M. Phil course in Clinical Psychology.





RCI Inspection and interaction with students on 08.06.13.

 Dr. J. Dutta, Academic Registrar, Gauhati University, and Dr. Rita Rani Talukdar, Associate Professor, Department of Psychology from Gauhati University, inspected the department for temporary affiliation on 3rd August 2013.



Inspection for temporary affiliation on 03.08.13

### Clinical Activities

The department undertakes clinical activities at the OPD and Indoor of the hospital. Both assesment and therapeutic activities are presented below:

Types of Assessment	Number of cases	
IQ Test	541	
Psychodiagnostic	302	
Personality Assessment	123	
Neuropsychological Assessment	124	

# Therapeutic Works

Types of Assessment	Number of cases	
Individual Psychotherapy	242	
Counseling/Psychoeducation	166	
Biofeedback	40	

# Seminar/Conference/Workshop/Lectures

# Organized by the department

 Dr. Masroor Jahan, Additional Professor, Department of Clinical Psychology, Ranchi Institute of Neuropsychiatry and Allied Sciences, Ranchi, was invited as a guest faculty for classes held on Neuropsychology and Personality Assessment from 11th to 15th February 2014.



Dr. Masroor Jahan taking a class on Neurpsychology and Personality Assessment.

 Dr. Jamuna Rajan, Associate Professor, Neuropsychology Unit, Department of Clinical Psychology, NIMHANS, Bangalore, delivered lectures on Forensic Neuropsychology and Neuropsychological rehabilitation from 17th to 19th February 2014.



Dr. Jamuna Rajan delivering lecture on Forensic Neuropsychology and Neuropsychological Rehabilitation.

### **Attended Outside**

- Mr. Ranjan Kumar, Clinical Psychologist, participated as a Psychology Expert in Board of Selection of Principals/ and Teachers organized by Army Public School, Solmara, Tezpur on 12th May, 28th June, 1st July, 12th July, and 19th July, 2013 and 11th Nov. 2013.
- Mr. B. Surchandra Sharma, Clinical Psychologist, participated as a Psychology Expert in Board of Selection of Teachers organized by Army Public School, Solmara, Tezpur on 12th May 2013.
- Mr. Ranjan Kumar, Clinical Psychologist, presented a lecture on "Stress Management and Teaching Methodology" for School Teachers and Army Education Core, Army Public School, Solmara on 21st May, 2013.
- Mr. Ranjan Kumar, Clinical Psychologist, presented a lecture on "Learning Disability" in Kendriya Vidyalaya, Tinsukia Zone on 30th May 2013.
- Ms. Jayshree Bora, Clinical Psychologist, presented a lecture on "Learning Disability" in Kendriya Vidyalaya, Tezpur and Kendriya Vidyalaya, Missamari on 19th July 2013.
- Mr. Ranjan Kumar, Clinical Psychologist, participated as a Psychology Expert in Board of Selection of Teachers organized by Army Public School, Missamari, Tezpur, on 26th September 2013.

- Mr. Ranjan Kumar, Clinical Psychologist, was an invited speaker in the sensitization meeting on "Stress Management" for Air force personnel and their families at Air Force Station, Tezpur on 18th October 2013.
- Mr. Ranjan Kumar, Clinical Psychologist, went as a resource person to Central School, Tezpur Central University Campus, Tezpur, for Adolescent Education Programme. He was assisted by II year M. Phil Clinical Psychology trainees Ms. Pranami Barua and Ms. Syeda Shahnaz.

# DEPARTMENT OF PATHOLOGY AND MICROBIOLOGY

### Introduction

Laboratory services are an integral part of hospital settings. With this objective, the Department of Pathology and Microbiology was started in the year 1998. Pathological and microbiological investigations of the institute are undertaken through this Department. The Department has state-of-art diagnostic facilities for the medical students to pursue their studies and research activities.

# Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
<b>HOD &amp; Associate Professor</b>	Dr. Anil Ch. Sarmah	MD Pathology
		(AMCH, Dibrugarh University)
Assistant Professor	Dr. Jyoti Hazarika	MD Microbiology (GMCH,
		Gauhati University), PGDHHM
		(IGNOU), PGCPM(IGNOU),
		CCDM(Medvarsity,Apollo)
Senior Resident	Dr. Mili Sarkar MD	Microbiology (AMCH, Dibrugarh
		University)

### Academic Activities

The Department has been conducting classes and seminars on review of cellular division; mutation and law of inheritance; human genome; basic concepts of genes, chromosomes, DNA; approaches to common genetic disorders; immunity; infection; principles of asepsis, sterilization and disinfection; diagnostic tests in Microbiology and related nurses' responsibility; standard safety measures and biomedical waste

management; meaning of genetics and heredity; Mendelian laws of inheritance; genetic counselling; and nurses' role in genetic counselling. Besides these activities, all of the faculty and staff members attended the workshops, CMEs, conferences organized by different departments of the institute.

## **Investigation Facilities**

- Clinical Pathology
- Haematology
- Microbiology
- HIV Counselling and Testing (FICTC)

#### **Patient Care Services**

Various diagnostic services are provided to the Indoor and Outdoor patients. A total of 117929 investigations were done under the Dept. of Pathology and Microbiology. These include investigations like Routine Blood Examination, Urine Examination, Stool examination, Culture and Sensitivity test for urine, pus, sputum etc. Sputum for AFB, Malaria diagnosis, HIV 1 and 2 under FICTC centre, serological test like HBsAg, RPR, Widal test, S. Typhi etc.; Thyroid function test, Hormonal assay etc. are some of the areas of investigation.

# **DBT Sponsored Project**

For development and up-gradation of the Departments of Pathology, Biochemistry and Microbiology at LGBRIMH, Tezpur (Assam), the Institute has been running DBT (Department of Biotechnology, Ministry of Science and Technology, Govt. of India) sponsored projects from 2010 onwards.

Title of the project: "Development and Upgradation of Pathology, Microbiology and Biochemistry Departments at LGBRIMH, Tezpur(Assam)".

Objectives: The main objectives of the project are:

- Enhancement of diagnostic facilities for the service users.
- Enhancement of training facilities for the postgraduate students of the institute and the students posted on tenure basis from outside the institute.
- Encouragement of research activities in related fields.

### The two research projects carried out under DBT projects are -

- a. Prevalence and correlates of sexual dysfunction in patients with schizophrenia receiving antipsychotics: A clinical study.
- A comparative study on thyroid profile in patients with unipolar and bipolar depression.

### The list of existing laboratory equipment is given below:

- General Laboratory Centrifuge
- Refrigerated Centrifuge
- Hot air oven
- Incubator
- Autoclave
- Digital binocular microscope (LEICA)
- Microscope (Monocular and Binocular)
- Binocular compound microscope (Olympus, Japan CX31)
- Digital colony counter
- VDRL Shaker
- Digital pH meter
- Refrigerator
- Laminar Flow
- Electrical sterilizer
- Water bath
- Clinical laboratory urine analyser etc.
- Multi parameter immunology analyzer TOSOH AIA-360.
- Fully Automated Haematology Analyser- COUNCELL-23 Plus.
- QBC System.
- Double Beam Spectrophotometer.
- Digital Microscope- CX-21Tr (Olympus) with Prog Res CT-5.
- ELISA System.
- Deep Freezer(-20° C.
- Incubator Shaker
- Water Purification System.
- Air purifier system

# Seminar/Conference/Workshop organized by the department

 DBT Sponsored Project, LGBRIMH, organized a seminar on "Genetics: Focus on Schizophrenia" on 29th May 2013. Dr. K.K. Saikia, Dept. of Biotechnology & Bioengineering, Gauhati University, and Dr. Biswajyoti Borkakoti, Scientist, RMRC, Dibrugarh, were resource persons.



Dr. K. K. Saikia as a resource person in the seminar on "Genetics: Focus on Schizophrenia" on 29.05.13

 An educational programme from BD Bioscience on Basics of Flow Cytometry and its application was held on 18th April 2013 at the Department of Pathology and Microbiology.



Educational programme on Basics of Flow Cytometry

### Attended outside

- Dr. J. Hazarika, Assistant Professor of Microbiology, participated in the Short Course programme on "How to Practice Evidence Based Child Health" held at NEIGRIHMS, Shillong, from 15th April to 17th April, 2013 under ICMR.
- Dr. J. Hazarika, Assistant Professor, attended the North East Microbiology Conference (NEMICROCON 2013) organized by the Meghalaya Chapter of IAMM and Department of Microbiology, NEIGRIHMS, Shillong, on 26th and 27th July 2013. He also attended the workshop on Application of Real Time PCR in Diagnostic Microbiology and Role of Automation in Diagnostic Microbiology.
- Dr. J. Hazarika, Assistant Professor, attended the 1st National Seminar on Molecular Pathology of Cancer organized at B. Barooah Cancer Institute, Guwahati, on 10th January 2014 as delegate.

# DEPARTMENT OF BIOCHEMISTRY

### Introduction

The department of Biochemistry was set up in the year 1999 with the goal to achieve overall quality in teaching and patient care services. Since its inception, the Department has been functioning under the Central Laboratory. Besides diagnostic and research activities, the Department also undertakes teaching activities for the trainees of the Institute.

# Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
I/C Central Laboratory and	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh
HOD, Dept. of Pathology		University)
Senior Resident	Dr. Jadab Kishore Phukan	MD (AMCH, Dibrugarh
		University)

### Academic Activities

This includes teaching programmes, seminars, case presentations and demonstration classes. Regular classes on basis of genetic diagnosis; parental diagnosis and screening; ethical issues in genetic testing; practical applications of genetics, structure and functions of cells, cells of nervous system, neuro transmitter, hormone, biochemistry of brain etc. have been undertaken by the department.

### **Patient Care Services**

Various biochemistry investigations that are done in the department includes Blood glucose test, Kidney function test, Liver function test, Lipid profile, Serum electrolyte estimation, Drug estimation, etc. During the session under report, a total of 102408 test parameter were done.

The list of existing laboratory equipment is given below:

- Fully automated clinical chemistry analyzer (Dade Behring X-pand Plus)
- Electrolyte analyser
- Semi-auto analyzer BTR 830
- ERMA colorimeter etc.

# DEPARTMENT OF NEUROLOGY

The Department of Neurology is an integral part of any tertiary care psychiatric set-up. However, as the faculty positions in the department are lying vacant, the Department is yet to start any academic activities. The neurology classes are currently managed through visiting faculty members from reputed institutions/medical colleges across the country.

Currently, clinical activity of the Department includes routine Electroencephalography (EEG) investigations. It is jointly managed by the Departments of Psychiatry and Radiology and Neuro-imaging. A total of 297 EEG investigations were done during the 2013-14 session.

Available equipment in the Department is -

i. Neurovision (NV 3200) Digital 32 channel video EEG system.

# DEPARTMENT OF RADIOLOGY AND NEURO-IMAGING

The Department of Radiology and Neuro-imaging was started in the year 1998 as a specialized department to meet the clinical needs in diagnostic imaging and image-guided therapies of the institute. In the academic sphere, the departmental staff works closely with other departments of the institute. The objective is to combine the academic needs and laboratory services. Students are provided the opportunity of attending lecture and demonstration sessions. The department consists of one Consultant Radiologist, one Radiographer and one X-Ray Technician.

# Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
I/C Central Laboratory and	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh
HOD, Dept. of Pathology		University)
Consultant Radiologist	Dr. Pradip Barman	MD (AMCH, Dibrugarh
		University)

## Clinical Activities

A total of 3131 investigations were undertaken during the period under report. They are as follows:

- Ultra-sonography-578
- X-Ray -1013
- CT scan -1540

The list of existing equipment under the department of Radiology and Neuroimaging is given below:

- 60 mA mobile X-Ray unit
- Colour Droppler ultrasound
- Brillance 16 slices CT Scan
- Installation of New X-Ray unit is under process.

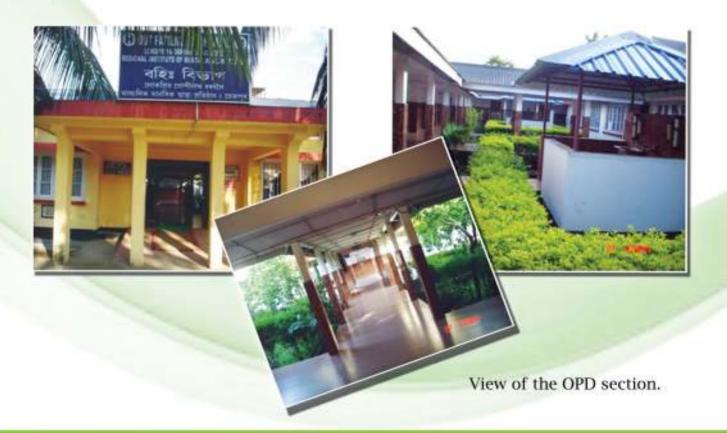


# **OUTPATIENT DEPARTMENT**

### Introduction

The OPD accommodates the multidisciplinary team of psychiatrists, clinical psychologists, psychiatric social workers and psychiatric nurses. It also houses the pharmacy, medical record department, a nursing station, laboratory sample collection centre and a canteen. There are five special clinics - Epilepsy & Neurology (Monday), Geriatric (Tuesday), Child & Adolescent (Wednesday and Saturday), Alcohol and Drug Dependence (Thursday) and Psychosomatic Clinic (Friday). The special clinics are held once a week.

Admission is recommended in case of necessity arising from the circumstances of a case/cases. The Mental Health Act, 1987 is followed during the procedure. All available treatment facilities are provided free of cost.

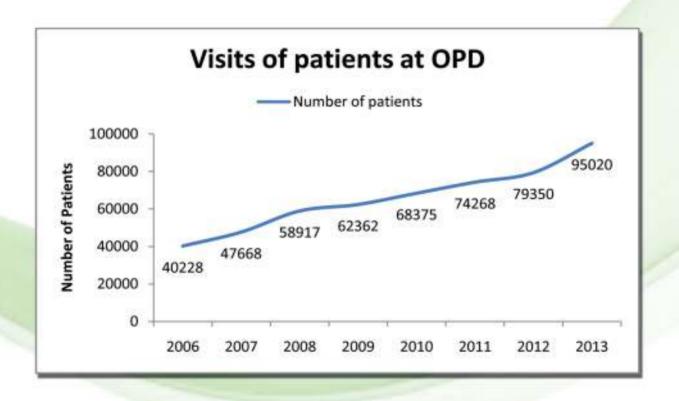


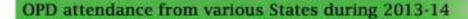
### **OPD** Attendance

A total of 95020 visits of patients were registered in the OPD from April 2013 to March 2014 which includes 17333 new cases and 77687 old cases. Total new male cases were 8521 and new female cases were 8812, while visits by old male cases were 42239 and by old female cases were 35448 during the period.

### Annual OPD Attendance

There has been a significant increase in the number of patients seeking mental health treatment from the institute which is reflected in the rise in the annual OPD registration of patients during the past years. In 2006, there were only 40,228 patients, including both male and female, visiting the OPD. The total OPD attendance in the year 2007, 2008, 2009, 2010, 2011, 2012, and 2013 were 47,668, 58,917, 62,362, 68,375, 74,268, 79350, and 95020 respectively, indicating a steady increase in the number of patients seeking mental health services.





Since its inception, the institute has been catering to needs of patients from all over the country. The state of Assam has recorded the highest number of patients with 93622 during the session, followed by Arunachal Pradesh and West Bengal with 438 and 284 patients respectively. There were 277 patients from Nagaland, 103 from Bihar, 50 patients from Meghalaya, 49 from Manipur, 5 from Mizoram, 12 from Sikkim and 22 from Tripura. A total of 67 patients from Nepal and Bhutan also received treatment.

Annual OPD attendance in 2012-13 and 2013-14.

State	2012-13	2013-14
Arunachal Pradesh	451	438
Assam	78025	93622
Manipur	76	49
Meghalaya	40	50
Mizoram	12	5
Nagaland	262	277
Sikkim	2	12
Tripura	14	22
Other States	421	478
Other Countries	47	67
Total	79349	95020

## INDOOR DEPARTMENT

#### Introduction

The functional bed strength of the hospital is 336 beds out of which 246 beds are for male and 90 beds are for female. Out of the total beds, 21 beds (15 male, 6 female) are reserved for patients sent from Jails.

The patients are looked after by a team of mental health professionals, residents, nurses, warders and attenders. All the patients get separate beds. They are provided uniforms after being admitted in the indoor section. A mini-operation theatre along with ECT facility is also functioning in the Indoor campus.

The Indoor section of the institute is clean and green. The Indoor has provision of visiting room for the guardians and relatives to meet their respective patients. Counselling services are provided to the guardians during their visits and at the time of discharge of the patient.





Campus view of the Indoor







For admission of patients in the indoor, the institute follows the Mental Health Act, 1987. The patients are admitted in following categories i.e. Voluntary Boarder, Special Circumstances, Reception Order and Jail Case.

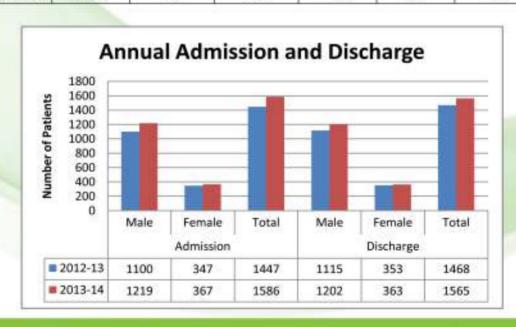
A total of 1586 patients were admitted during the current session i. e. April 2013 to March 2014, which included 1074 new cases and 512 old cases. Among the new cases 822 were male patients and 252 were female patients. Among the old cases 397 were male patients and 115 were female patients. A total of 1565 number patients were discharged during the current session among which 1044 were new cases and 521 old cases. Among the new cases 796 were male patients and 248 were female patients. Among the old cases 406 were male patients and 115 were female patients.

#### Annual Admission and Discharge

The admission and discharge rate during the last few years has been satisfactory. The table below shows the admission and discharge of patients during the last 2 years.

Annual Admission and Discharge in 2012-13 and 2013-14

Year		Admission			Discharge	
	Male	Female	Total	Male	Female	Total
2012-13	1100	347	1447	1115	353	1468
2013-14	1219	367	1586	1202	363	1565



#### Average Bed Occupancy

In the current session, the daily average bed occupancy was 275.45, while it was 255.47 in the previous session.

#### Escape & Death Cases

A total of 1 incident of escape and 2 incidents of death were recorded during the current session i. e. April 2013 to March 2014.

#### Annual State-wise Admission during April 2013 - March 2014

During the session 2013-14, there were 1586 admissions against 1447 in the previous session. Among these 1219 were male patients and 367 were female patients. Out of the total admissions, 1427 patients were from Assam, 53 from Arunachal Pradesh, 48 from Nagaland, 8 from Meghalaya and 3 from Tripura. Apart from these, 10 patients from Nepal were also admitted.

Patients from all over the Northeast region and other parts of the country have been accessing the services of the institute. Patients from neighbouring countries of Bhutan and Nepal have also sought treatment at the hospital. The table given below shows the number of patients admitted in the Indoor from Northeast and other parts of the country:

State-wise Admission in 2012-13 and 2013-14

State	2012-13	2013-14
Arunachal Pradesh	51	53
Assam	1308	1427
Manipur	7	8
Meghalaya	5	8
Mizoram	1	0
Nagaland	46	48
Sikkim	1	1
Tripura	3	3
Other States	18	28
Other Countries	7	10
Total	1447	1586

#### Recreational Centre

The indoor section of the Institute also has a recreational centre for the in-patients. In the centre, patients watch television and read newspapers and magazines. Patients regularly play carom board, volley ball.

## SUPPORTIVE SERVICES

#### CENTRAL LIBRARY

The Central Library was started in the year 1999 to meet the academic needs. It is the primary resource centre for the institute and caters to the academic needs of the faculties and students. It comprises mainly of literature in the fields of psychiatry, clinical psychology, psychiatric nursing, psychiatric social work and allied mental health disciplines. The library collection includes books, journals and audio-visual aids. The library contains nearly 21922 books, subscribes 84 journals, 6 online journals, provides access to e-journals, and has a total of 72 DVDs and a range of reference and office rule books.

The library is open from 1400 to 2000 hrs in all working days and 0009 to 1400 hrs in holidays. The library is open round the year except national holidays. The library section is having the open access system for the users. The books are issued for fifteen days. The circulation desk of library issues and receives the books from the readers. The Library Committee makes all the policy decisions concerning library matters.

Services provided to users include lending library material, Internet and Photocopy facilities. Newly arrived books and journals are displayed in the new arrivals rack in the central library. Internet facility is available free of cost to the users during the working hours. The library holds 36 biological display.

The institute plans to expand the library services to include latest reference and text books on all the allied disciplines for the benefit of the students.

Besides the Central Library, there is also one library in the indoor section of the institute. The library is in the recreational centre of the indoor section, where the indoor patients use it regularly. The library is well equipped with daily newspapers and other books in the vernacular.



The Inspection team having a look at the Central Library



The Medical Record Department (MRD), located in the Out-Patient Department (OPD) of the institute, was established in the year 1989. It is one of the primary supportive departments of the institute. The department is staffed by a Medical Record Officer, a Medical Record Technician and a team of assistants for smooth running of the department. This section is under the administrative control of I/c OPD. It has computerized record keeping system for maintenance of medical records of Outpatient as well as In-patient departments and for easy retrieval of information. In addition to help in retrieving records of old cases for day-to-day clinical activities, it provides necessary input for research and analysis for all departments. The department functions in co-ordination with the academic and other departments of the institute. It also assists in the medico-legal cases through provision of information to the institutional authority whenever required.

This section maintains all records of patients attending OPD. The registration system of the OPD patients is maintained by this department with the software developed by the department. The department assists in admission and discharge procedures. The section also issues the medical fitness certificate and treatment certificate to the patients after being examined by a Medical Board. The MRD is monitored by the Close Circuit Television camera.

#### PHARMACY

Pharmacy services of the institute are located both in Out-Patient Department and Indoor. The Central Medical Store located at the Indoor acts as the central pharmacy for the inpatients and out-patients. All the pavilions/wards in the Indoor Campus are easily accessible to the Medical Store. Medicines are given to the patients free of cost from the hospital. Records on dispensing of drugs in accordance with the distribution in the OPD and Indoor are also maintained. The current staff position includes a Senior Pharmacist and a Pharmacist.

The pharmacy also caters to the emergency services and arranges for free medicines for the community mental health extension clinics and other outreach services.

#### ANAESTHESIOLOGY UNIT

The Anesthesiology Unit is mainly a supporting unit of psychiatry that was started in the year 2003 in the Indoor section after the introduction of the computerized Electro-Convulsive Therapy. The Unit carries out the task of providing electroconvulsive therapy (ECT) to patients under the supervision of psychiatrists. The Unit is projected to become a full-fledged Anesthesiology Department in the future following initiation of neurosurgical departments in the institute. Modified ECT was introduced in the year 2004. The ECT is given to patients following prescription from psychiatrists and informed consent from the guardian of patients is taken. The Anesthesiology Unit supports the Psychiatry Department for accomplishing the task of providing ECT to indoor patients on a regular basis on all working days. The patients are identified by Psychiatrist for ECT, whose information is then passed over to the Anesthesiology Unit. On the day of ECT, a pre-ECT check up is carried out, followed by a post ECT check up in the recovery room. After confirmation of medical fitness of the patient, he/she is escorted to the respective pavilions.

During the period under report, a total of 3258 Modified ECT sessions were administered out of which 2229 and 1029 sessions were provided to male patients and female patients respectively.

In addition to the patient care services, the department also undertakes theory classes and demonstration sessions to the post graduate and diploma students of the institute. Besides, it also caters to the visiting medical students and professionals from other academic institutions.

### Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
I/C, Department of Anaesthesia	Dr. K. N. Kalita	MD (Gauhati University), PGDHHM
		(IGNOU), CRM (IIPH, Gandhinagar)
Consultant Anesthesiologist	Dr. A. Koiry	MBBS (Dibrugarh University), DA
		(Dibrugarh University).

#### ENGINEERING CELL

The Engineering Cell of the Institute consists of the Civil Engineering and Electrical Engineering Units. This Cell is responsible for construction and maintenance works which include buildings, roads, electrification as well as repairing works in the institute. The current staff position includes one Project Engineer, one Junior Engineer (Civil), one Junior Engineer (Electrical), Plumber, Electricians and other Auxiliary Staff.

#### Infrastructure Development

The Ministry of Health & Family Welfare has undertaken an up-gradation project for development of infrastructure facilities of the institute with the objective to provide improved mental health care services that are accessible to the patients of the entire North Eastern region and the rest of the country. The up-gradation of this hospital has been proposed in compliance to the directions of the Hon'ble Supreme Court of India.

The institute has engaged HSCC (India) Ltd. (A Govt. of India Enterprise), E-6 (A-Sector-1, Noida), as consultant for undertaking construction work at LGBRIMH. The consultant agency divided the construction work in two packages, i.e. Package – I and Package – II. Package – I consists of construction of the main hospital building including PHE, Electrical, HVAC, Fire Fighting and related external services. Package –II involves construction of residences, Jr. and Sr. Resident Hostel, Academic Block, Cafeteria including PHE, Electrical, Fire fighting and external services. The construction work is going on. It is supervised by a Building Committee.









A glimpse of the construction activity undergoing at the Institute

#### ESTABLISHMENT SECTION

This section carries out all administrative related works. Its main task comprises of recruitment, retirement and attendance of staff, leave related matters, ministry related correspondence, court related work and disciplinary actions related to staff. The current staff position includes one Administrative Officer, one OSD and other supporting staff.



A view of the administrative block

#### PUBLICATION CELL

The full fledged Information and Publication Section was introduced in the year 2007 to facilitate information flow within and outside the organization and to undertake publication work in the sphere of mental health. The Cell primarily deals with printing and publication work. It engages in publishing the annual reports, booklets, information brochures, educational materials, publicity pamphlets, etc. Annual

#### ANNUAL REPORT 2013-2014

Reports are published in both English and Hindi languages. It also undertakes the documentation and photography work of the institute. The Cell also prepares the regular monthly and fortnightly report to be submitted to the Ministry. It maintains the website of the institute and provides all updates concerning the institute i.e., tender, advertisement, results, entrance examination. The current staff position includes a Publication Officer and a Publication Assistant.

The Cell collects and prepares answers to the parliamentary questions including Lok Sabha and Rajya Sabha questions as desired by the Ministry. The Cell also co-ordinates the functions related to the Result Framework Documents (RFD) and Right to Information Act (RTI) of the Institute. A total of 25 cases of RTI applications were received from across the country from April 2013 to March 2014 and all of them were attended to. The Publication Officer also acts as the Assistant Public Information Officer under the RTI Act.

#### NAZARAT SECTION

The purchases of all items of the institute are done through this section. The items include medicine, dietary, hygiene, stationary and computer items as well as maintenance of vehicle. The section is headed by I/c Nazarat and supported by other subordinate staff.

#### ACCOUNT AND FINANCE SECTION

The Accounts and finance department maintains all the financial transaction and related work of the institute. Its main functions are:

- i. Preparation of yearly budget,
- Submission of annual audited report of expenditure to ministry and other financial related works of the institute.
- Mr. J. K. Sarma, Chief Finance and Accounts Officer, LGBRIMH is also working as a Financial Advisor of North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences, Shillong from 7th May, 2012.



For recreation purpose, a cafeteria is set up in the OPD. For providing health and hygienic canteen services for indoor patients, staff and kith and kin of the in-patients, the institute also constructed a new canteen building in front of the hospital gate which was inaugurated on 26.01.2013. The canteen is equipped with necessary amenities. The cafeteria in the OPD as well as the one located in front of the hospital gate provides snacks as well as fast food items without compromising on the quality of food.

#### DIETETICS

Keeping in view of the health condition of the patients, balanced diet is provided so that they do not lack in nutrition. Along with the meal, they are also provided fruits and other necessary dietary supplements.

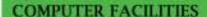
#### HOSTEL

The Institute provides hostel accommodations for students. There are 4 hostels out of which 3 are for female students and 1 is for male students. The Boys hostel houses 24 students. On the other hand, the 3 hostels for female students houses 36 students respectively.

The hostel administration comprises of 2 Hostel Superintendents, 3 Hostel Wardens and Mess Monitors. There is also a hostel management committee to manage the activities of hostels.

Each of the hostels is equipped with telephone and television with cable connection. The hostels provide recreation facilities such as Table Tennis and Badminton. The hostels hold annual event including sports activities.

The hostels have certain rules and regulations including anti-ragging rules that apply to all the boarders for maintenance of discipline and good conduct.



Over the years, the Institute has grown substantially in terms of departments and academic programmes as well as infrastructure. In order to maintain the documents in a proper manner as well as to reduce the time taken for processing work, computer facilities are provided for staff and faculties. Internet facility is provided throughout the campus using LAN and wireless LAN connections. Moreover, a technician extends his help to staff and faculties for immediate troubleshooting. All the computer facilities in the Institute are provided under the supervision of Medical Record Officer (MRO). The institute is connected to highspeed NKN.

#### PUBLIC GRIEVANCE

The institute has implemented the Sevottam model that has been developed with the objective of improving the quality of public service delivery in the country. The model comprises of three components. The first component requires effective charter implementation, the second requires adequate grievance redress system, and the third requires excellence in service delivery.

The Citizen's Charter is a written declaration by a Government department that highlights the standards of service which it delivers. The institute has its own charter that enables users to know what services are available in the institute, the quality of services they are entitled to and the means through which complaints regarding denial or poor quality of services will be redressed. The institute has its own grievance redress system. All verbal grievances are managed at the spot of the delivery of care. In the OPD, the MRO and in the Indoor, the Matron resolves the issue in consultation with the in charges. Every grievance is duly acknowledged with proper grievance number and expected time of redress. The complaints should be accompanied with proper name and address of the aggrieved person. If the matter is not resolved then it is referred to the Medical Superintendent who tries to resolve it within 30 days of referral. The Director is the next appellate authority if the grievance is not resolved. A public task force and a steering committee exist at the apex level at the Ministry of Health & Family Welfare, Govt. of India, New Delhi for implementation of the Sevottam complaint Grievances Redressal Mechanism. The institute publishes the Results-Framework Document for every year. The document not only contains the agreed objectives, policies, programs and projects but also targets to measure progress in implementing them. The institute also provides responses to RTI applications regularly. The institute is optimistic that accomplishment of these tasks will lead to the achievement of Sevottam.

#### STORE

The store maintains everything required for the full functioning of the institute. It provides uninterrupted services to the various user departments. It has different sections, viz. - medicines, stationary, dietetics, hygiene, electrical section and condemned materials. The store is in the process of being computerized to facilitate enhanced services.

#### EMERGENCY SERVICES

Emergency is the gateway to a hospital. The patients who present themselves without prior appointment by their own means and in need of acute care are treated without delay. The hospital provides emergency services from 2 p.m. to 9 a.m. Adequate treatment is given when an emergency occurs.

#### LINEN AND LAUNDRY

The uniforms of patients and the bed linen are washed on a regular basis manually. This helps to maintain the hygiene and health of the patients. Plans to use commercial mechanized laundry machines are on the anvil.

#### SANITATION

Sanitation is an important aspect of every organization. The institute has special requirements for sanitation as they have to deal with persons with mental disorders who are exposed to a higher risk of infection. Contaminated materials such as syringes, needles, etc. are collected and incinerated to kill any germs present. Proper measures are taken to keep the atmosphere germ free. The urinals as well as bathrooms are cleaned on regular basis under the supervision of sanitary supervisor.

#### SECURITY

Security guards have been placed at key areas of the campus to prevent any unforeseen incidents. As and when necessary, external help is sought in the form of police protection. The security guards maintain a record of the visitors to the Institute.



Litigative activity in the institute takes on two forms – one involving patients and the other involving administration. The institute has a legal advisor to handle the legal matters. Under circumstances of breach of law, the institute approaches the court in order to settle such issues. Psychiatrists of this institute are also assisting the court of law as expert witness as and when summoned.

#### WASTE DISPOSAL

Bio-medical waste (BMW) means "any solid, fluid or liquid waste, including its container and any intermediate product, which is generated during its diagnosis, treatment or immunization of human beings or animals, in research pertaining thereto, or in the production or testing of biological and the animal waste from slaughter houses or any other like establishments". The waste produced in the course of health care activities carries a higher potential for infection and injury than any other type of waste. About 85% of hospital wastes are non-hazardous, whereas 10% are infectious and 5% are non-infectious but they are included in hazardous wastes. Management, handling and treatment of biomedical waste in the Institute are done as per bio-medical waste rules, 1998. The capacity of Incinerator used for waste disposal is 10-12 kg/hr.

#### LEGAL AID CLINIC

The Legal Aid Clinic was inaugurated on 24th March 2013 at 11 a.m. in the Family Therapy Block by Honourable Justice of Gauhati High Court Mr. I.A. Ansari. It is an initiation done by the institute in collaboration with the Legal Aid Services Authority, Assam, to provide legal relief, easily accessible to the mentally ill persons of the society. The setting up of the clinic facilitates the underprivileged group in exercising their rights as per the law of the land.

## REHABILITATION SERVICES

#### Introduction

Rehabilitation services are organized by the centre for rehabilitation sciences and have been an initiative of the Department of Psychiatric Social Work since 2004. It has three sections namely, the Occupational /Vocational Therapy, Special Education and Physiotherapy. The boarders who attend the centre are referred from the Indoor and Outdoor departments of the Institute. The centre is projected to be a Wellness Centre shortly on starting of Yoga and Gym Services.

The primary aim of the rehabilitation services is to initiate reintegration of persons with major mental disorders back into the community through psychosocial rehabilitation. Its larger aims are -

- To promote self-esteem and improve quality of life of the patients and caregivers.
- To develop community based rehabilitation programme.
- To propagate the concept of psychiatric and neurological rehabilitation.
- To provide occupational therapy training towards planning vocational engagements and livelihood services.
- To initiate strength building services through physiotherapy section.
- To support the special education requirements of differently-abled children, adolescents and adults and initiate a day care service and vocational engagement.

#### Faculty and Clinical Personnel

Post	Name
I/C Centre for Rehabilitation Sciences / Head & Associate Professor, DPSW	Dr. Sonia Pereira Deuri
Rehabilitation Officer / Assistant Professor ,DPSW	Dr. Arif Ali
Occupational Therapist /Psychiatric Social Worker	Athelrine Horo
Physiotherapist	Mr. Utpal Borah
Instructor for Special Education	Mrs. Eli Deuri

The rehabilitation services of the institute currently comprises of clinical rehabilitation activities, occupational therapy, and physiotherapy. Each of them is summarized below:-

#### Clinical Rehabilitation

Clinical rehabilitation includes the following services – rehabilitation needs assessment and counseling, vocational counseling, psycho-education, behavioral intervention, supportive, self-oriented interventions and group interaction sessions. A total of 462 patients were benefitted from these services.

#### Occupational Therapy

This Unit is engaged in facilitating various skill enhancement activities for the patients in its training laboratory including stitching and embroidery, gardening, bamboo and craft works and literary activities. A total of 462 patients were benefitted under this unit by way of gaining skills in socially productive work. Two exhibitions of products made by the persons with mental illness was organised for promotion of rehabilitation and vocational activity. Annual picnic was organised for patients attending vocational unit of centre of rehabilitation sciences.



Creative expressions at Centre for Rehabilitation Services

#### Special Education

This Unit is engaged in facilitating various activities for the persons with intellectual challenges, which includes ADL skill ,communication /language skill, social behaviour skill , functional academic skills ,pre vocational /vocational training. A total of 93 person who are intellectually disabled benefitted under this unit.



Intellectually challenged children attempt artistic expressions

#### Physiotherapy

Services of this Unit include Paediatric rehabilitation, Neurological rehabilitation, Musculo-skeletal and orthopaedic rehabilitation, Pain management and Weight reduction programme. A total of 484 patients were benefitted under this unit.



Facilities provided by the Physiotherapy section for patients and outsiders.

The following new equipment were installed: Microwave diathermy, pocket tens and IFT (Soleogalva).

### External Examinership

Mr. Utpal Borah, Physiotherapist, was invited as external examiner for 2<sup>nd</sup> year B.P.T. examination at College of Physiotherapy and Medical Sciences, Bamunimaidam, (affiliated to Gauhati University) Guwahati on 14<sup>th</sup> May, 2013 and for 2<sup>nd</sup> year B.P.T. examination at Down Town College of Allied Health Sciences, Panikhati, (affiliated to Srimanta Sankardeva University of Health Sciences, Guwahati) Guwahati, on 23<sup>nd</sup> November, 2013.

#### Felicitation

 Mr. Utpal Borah was felicitated by DPRC, Guwahati, along with four other Physiotherapists and other renowned medical practitioners from Assam for his contribution as a Physiotherapist towards the society on 7th July, 2013.



Mr. Utpal Borah, Physiotherapist, (extreme left), along with other Physiotherapists and medical professionals felicitated by DPRC.

## Creative expressions of patients at Centre for Rehabilitation Sciences















#### CHAPTER 11

## OUTREACH EXTENSION SERVICE

#### Introduction

Community outreach extension service in mental health is one of the major trust areas of the institute. The objective of this service is to shift mental health services from the hospital to the community. Mental health experts move to the rural areas to provide these services. Medicines and psychosocial services are provided free of cost. It is primarily meant for the underprivileged and vulnerable segments of the society who have limited access to mental health services. All the departments of the Institute collaborate to conduct the clinics regularly. Teams of personnel from Psychiatry, Psychiatric Social Work, and Psychiatric Nursing Department including supporting staff form the team. The ongoing regular outreach services are -

- 1. Sootea Extension Clinic: Psychiatric extension service at Sootea PHC was started in 2007 as part of the NMHP research project. It is located at a distance of 60 Km away from the Institute. This clinic is held regularly on the second Thursday of every month. Attached to this centre are also four Self-Help Groups of care-givers in three villages of the Sootea Block. This community service has also accommodated another service on the fourth Thursday of every month to cater to the patients of an extension service earlier held at Biswanath Chariali Civil Hospital from the year 2001 to 2011. Due to inadequate space availability the service was shifted to Sootea P.H.C.
- 2. Jakhalabanda Extension Clinic: The extension clinic at the Community Health Centre (CHC), Jakhalabanda, Nagaon was started in 19th February, 2011. It is about 40 Km away from the Institute. The clinic is scheduled on third Saturday of each month.
- 3. Missionary of Charity Extension Clinic: This service was started in 2007 at the Missionary of Charity, Tezpur, about 4 Km away from the Institute. It is scheduled on the first Wednesday of every month. Residents often numbering 50 of the Missionary of Charity in need of services for mental illness and epilepsy are the chief beneficiaries of the clinic.



Outreach Clinics	No. of Registrations
Sootea Outreach Clinic	7430
Jakhalabanda Outreach Clinic	573
Missionary of Charity Outreach Clinic	461

**4. Doctor's Clinic at District Court, Sonitpur :** On humanitarian consideration of public need, the District Court has opened a unit of Medical Clinic with necessary minimum infrastructure within the Judicial Court Campus at Tezpur to provide emergency medical help to the sick litigants and witnesses. As per collaboration with District Court, Tezpur, the Institute has been providing medical support in the court premise of District Court, Tezpur, from 9th February 2013 regularly on working days from 11 a.m. to 2 p.m.



# SPECIAL FUNCTIONARIES

#### **Ethics Committee**

CHAPTER 12

The Ethics Committee was formed with the objective of facilitating research among faculty and students and for maintaining the research ethics in clinical population. The committee was formed in accordance with the rules and regulations of the Indian Council of Medical Research that mandates clearance of all proposals on biomedical research involving human participants by an appropriately constituted Institutional Ethics Committee (IEC). The Committee provides advice to the researchers on welfare and safety aspects of the research participants following assurance of scientific soundness of the research through the Scientific Review Committee.

Power and functioning of the Ethics Committee:

- To protect the dignity, rights and well being of patient and research participant.
- 2. To ensure universal ethical values and International Scientific Standard in terms of local community values and customs.
- 3. To assist in the development and education of a research community, which will be responsive to local health care requirements.

#### Scientific Review Commit-

The Scientific Review Committee of LGBRIMH has been constituted from the various academic departments of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology for smooth functioning of patient care services, academic and research related activities. The thesis protocols of all P.G. students and all the research related works of Academic Departments are screened by this Committee to ensure protection of Human Rights of all participants as per International Scientific Standards.

#### Right to Information Act 2005

The Right to Information Act 2005 mandates timely response to citizen requests for government information. To implement this Act at the institute, the Authority nominated the Appellate Authority, Public Information Officer and Assistant Public Information Officer to coordinate the information for all appeals.

The following table shows the number of RTI application received and replied during the session:

Sl. No.	No. of RTI Application	Reply	Transfer
1.	25	24	1

#### Parliamentary Questions

Parliamentary Questions are one of the important procedural devices that empower Members of the Parliament to elicit factual information from the Government on a matter of public interest. As an institute under the Govt. of India, Ministry of Health and Family Welfare, the Institute submits the answer to the parliamentary questions asked by the members of Lok Sabha and Rajya Sabha to the Ministry. The Institute receives the Parliamentary questions categorized as Starred, Unstarred and Short Notice Questions. In the session April 2013 to March 2014, the Institute provided answers to a total of 19 Lok Sabha and Rajya Sabha Questions to the Ministry.

#### CHAPTER 13

## **EVENTS AND FESTIVALS**

The Institute has been regularly observing the Independence Day and Republic Day celebrations. The national flag is hoisted on both these occasions. The staff, students and recovering patients participate in the national anthem. Sports and games are organized with day-long events during the Republic Day. Both patients and staff take part in the various competitions including volley ball, running race, musical chair and tug-of-war, then followed by prize distribution ceremony.

Religious and cultural celebrations like Bihu, Durga Puja, Christmas, Id and Saraswati Puja are observed as part of recreation activities in the Indoor. Sweets and fruits are distributed to all patients on such occasions to create the festive mood. In Rongali Bihu, different cultural programmes are organized in the indoor section. All celebrations are planned keeping in mind the motive of providing the patients a home away from home.



Unfurling of the National flag on Republic Day.



"Freedom is our birth right." Celebrating the golden heritage of our country - Republic Day





Glimpses of sports events on the Republic Day.



"Freedom is the breath of life." Celebrating Independence Day at the Indoor campus.



Celebrating Durga Puja.



Saraswati Puja at the Institute campus.



## **DISTINGUISHED VISITORS**





Ms. Sujaya Krishnan, Joint Secretary, Ministry of Health and Family Welfare, and Mr. Sanjay Srivastav, Financial Advisor, Ministry of Health and Family Welfare, visited the Institute on 23.09.13



Mr. Rama Shetty, Deputy Inspector General (DIG), Assam Police, and Mr. Arabinda Kalita, Superintendent of Police, Sonitpur District, visited the Institute on 21.10.13

## **ANNEXURE**

#### ANNEXURE I

Specialty wise break up of students on rolls as on 31.3.2014.

Psychiatry:

MD = 2

DNB = 4

M. Phil PSW:

First Year = 3

Second Year = 5

M. Phil Clinical Psychology:

First Year = 4

Second Year = 3

Psychiatric Nursing:

M. Sc. First Year = 10

M. Sc. Second Year = 12

DPN = 10

Number of speciality wise students who passed the various examinations during the year 2013-14:-

Psychiatric Nursing: (passed in April 2013, G U Examinations)

M. Sc. = 11 (5th batch)

DPN = 3 (11th batch)

M. Phil PSW: (passed in April 2013, G U Examinations)

First Year = 3 (4th batch)

Second Year = 2 (3rd batch)

M. Phil Clinical Psychology: (passed in May, 2013, G U Examinations)

First Year = 04 (2nd batch)

Second Year = 02 (1st batch)

Psychiatry:

DNB = 2

MD = 3



Sl. No.	Guest lecturers / resource persons	Department	Period of Visit
1.	Dr. Dipu Bhuyan, Associate Professor of Radiology, GMCH	Psychiatry	10th April 2013
2.	Dr. Sanjeev Jain, Professor and HOD of Psychiatry, NIMHANS	Psychiatry	3 <sup>rd</sup> -4 <sup>th</sup> June 2013
3.	Dr. Joydev Sarma, Associate Professor,Anatomy, from GMCH	Psychiatry	9 <sup>th</sup> - 10 <sup>th</sup> November 2013
4.	Dr. Laxmi T. Rao, Associate Professor from NIMHANS	Psychiatry	16 <sup>th</sup> -18 <sup>th</sup> January 2014
5.	Dr. Mariamma Philips, Senior Research Officer, NIMHANS, Bangalore	Psychiatry	7 <sup>th</sup> -8 <sup>th</sup> February 2014
6.	Dr. Akash Handique, Radiology Department, NEIGRIHMS	Psychiatry	March 2014
7.	Dr. Marami Das, Associate Professor of Neurology, Gauhati Medical College, Guwahati	Psychiatry	March 2014
8.	Dr. S. Rajaram, Psychosocial Consultant & Former faculty at Dept. of PSW, NIMHANS, Bangalore	Psychiatric Social Work	27th to 29th May'13
9.	Dr. Linthoi Akoijam, Consultant Clinical Psychologist, Max Institute of Neuro Sciences, Dehradun (MIND)	Psychiatric Social Work	29 <sup>th</sup> to 30 <sup>th</sup> July'13
10.	Dr. Lakshmi Shankar, Visiting Faculty ,Banyan academy and TISS ,Chennai campus , Chennai	Psychiatric Social Work	29th August 2013
11.	Fr. Lord Winner, Project Director - Claretian Society, Kolkata	Psychiatric Social Work	15 <sup>th</sup> to 17 <sup>th</sup> February 2014
12.	Mrs. Abanti Gopan, former director of Nursing, BM Birla Heart Institute, Kolkata	Psychiatric Nursing	3 <sup>rd</sup> October, 2013
13.	Mrs. Puspita Chakraborty, Vice Principal, College of Nursing, Silchar Medical College	Psychiatric Nursing	8th to 9th October 2013, 3th and 4th January 2014
14.	Dr. Sailaxmi Gandhi, Associate Professor, Dept. of Psychiatric Nursing, NIMHANS	Psychiatric Nursing	6 <sup>th</sup> September, 2013

15.	Dr. V. Lalitha Brofoscov and Hand	Psychiatric	1st to 3rd
13.	Dr. K. Lalitha, Professor and Head, Dept. of Psychiatric Nursing, NIMHANS, Bangalore	Nursing	November 2013.
16.	Mrs. Sewali Goswami, Senior faculty, Education Dept., B.Ed. College, Tezpur	Psychiatric Nursing	20 <sup>th</sup> -21 <sup>st</sup> December, 2013
17.	Ms. Manmoyuri Goswami, Senior Lecturer, B. Ed. College, Tezpur	Psychiatric Nursing	December 2013 to January 2014
18.	Dr. Arundhati DekaNath, Lecturer, Dept. of Statistics, Darrang College	Psychiatric Nursing	July to December 2013
19.	Dr. M.S. Khanikor, Principal, Regional College of Nursing, Guwahati	Psychiatric Nursing	13 <sup>th</sup> - 14 <sup>th</sup> December, 2013
20.	Dr. K.B. Kumar, Professor and HOD, Dept. of Clinical Psychology, Sweekar Academy of Rehabilitation Sciences, Secunderabad	Clinical Psychology	5 <sup>th</sup> - 8 <sup>th</sup> August 2013
21.	Dr. S.P.K. Jena, Associate Professor, Department of Psychology, Delhi University	Clinical Psychology	26 <sup>th</sup> - 30 <sup>th</sup> August, 2013
22.	Dr. Masroor Jahan, Additional Professor of Clinical Psychology	Clinical Psychology	11 <sup>th</sup> February to 15 <sup>th</sup> February 2014
23.	Dr. Jamuna Rajan, Associate Professor, Neuropsychology Unit, Dept. of Clinical Psychology, NIMHANS, Bangalore	Clinical Psychology	17 <sup>th</sup> February to 19 <sup>th</sup> February 2014.



# Auditor's Report

## SURENDRA DUGAR & ASSOCIATES

Chartered Accountants



NDEPENDENT AUDITOR'S REPORT

To The Director Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur, Assam

#### Report on the Financial Statements

I have audited the accompanying financial statements of M/s Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam which comprise the Balance Sheet as at March 31, 2014 and the Statement of Income and Expenditure Account and Receipts and Payments Accounts for the year then ended, and a summary of significant accounting policies and other explanatory information.

## Management's Responsibility for the Financial Statements

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Institute in accordance with accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with the standards on auditing issued by the Institute of Chartered Accountants of India. Those standards require that I comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedure to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well evaluating the overall presentation of the financial statements. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

In my opinion and to the best of my information and according to the explanations given to me, the financial statements give the information required by the Act in the manner so required and give a true and fair view in conformity with the accounting principles generally accepted in India:

A.C. Plaza, Main Road, Tezpur - 784001 (Asom) :: (03712) 223149, 9435084209 :: Email : surendra.dugar@gmail.com

#### SURENDRA DUGAR & ASSOCIATES

Chartered Accountants



in the case of the Balance Sheet, of the State of affairs of the Institute as at MarciFRN: 325846E

31.2014:

- (b) in the case of the Statement of Income and Expenditure, of the Excess of Income over Expenditure for the year ended on that date:
- (c) in the case of the Statement of Receipts and Payments Account, of the Receipts and Payments for the year ended on that date.

#### Report on Other Legal and Regulatory Requirements

- 1. I report that:
  - I have obtained all the information and explanations, which to the best of my knowledge and belief were necessary for the purpose of my audit;
  - In my opinion proper books of accounts as required by law have been kept by the Institute so far as appears from my examination of those books;
  - The Balance Sheet and the Statement of Income and Expenditure and Receipts and Payments account dealt with by this report are in agreement with the books of account;

For, Surendra Dugar & Associates Chartered Accountants

> CA.Surendra Dugur Proprietor

MRN: 063571 FRN: 325846E

Tezpur

Place of Signature : Tezpur Date : 12th August 2014

#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

#### Balance Sheet as at 31st March 2014

Sources of Funds	Schedule	Current Year	Previous Year
Corpus/ Capital Fund	1	1,362,037,125	897,939,943
Reserves and Surplus	2	-	
Earmarked/ Endowment Funds	3	36,505,847	36,505,847
Secured Loan and Borrowing	4	-	
Unsecured Loan and Borrowing	5	₩:	
Deferred Credit Liabilities	6	÷:	
Current Liabilities and Provisions	7	4,770,971	5,823,119
		1,403,313,943	940,268,909
Application of Funds			
Fixed Assets	8	917,538,061	416,582,477
Investment from Earmarked/ Endowment Funds	8 9	2 or	000000000000000000000000000000000000000
Invetsment - Others	10		
Current Assets, Loans and Advances	11	485,775,882	523,686,432
Miscellaneous Expenditure			
		1,403,313,943	940,268,909
Significant Accounting Policies	24	THE REAL PROPERTY AND ADDRESS OF THE PARTY AND	
Contingent Liabilities and Notes on Accounts	25		

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates

Chartered Accountants

CA. Surendra Dugar<sup>3</sup>

Proprietor

MRN: 063571 / FRN: 325846E

Tezpur, 12th August 2014

For and on behalf of the management

LGB Regional Institute of Mental Health

Authorized Signatory

Tezpur

#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

Income and Expenditure Account for the year ended 31st March 2014

INCOME	Schedule	Current year	Previous year
Income from sales/service etc	12	65,110	3,960,115
Grants/subsidies	13	641,960,759	182,283,724
Fees/subscription	14	1,070,800	674,500
Income from investment	15	44,733,028	45,738,133
Income from royality,publication	16	-	
Interest earned	17	8,559,570	3,834,333
Other income	18	87,276	3,335
Increase/decrease in stock	19	487,178	382,298
Total(A)		696,963,721	236,876,438
EXPENDITURE			
Establishment expenses	20	154,487,289	128,169,134
Other administrative expenses etc.	21	51,959,466	43,849,474
Expenditure on grants, Subsidies etc.	22	4,327,403	5,579,159
Interest	23		C47.6031 <u>1</u> 13.0
Depreciation	8	22,092,381	5,641,414
Damage of machinery			-
Total(B)	1 1	232,866,539	183,239,181
Balance being excess of income over expenditure		464,097,182	53,637,257
Transfer to special reserve (specify each)			50 SATISTA AT 5.31
Transfer to from General Reserve			
Balance being surplus/deficit carried forward to			
CORPUS /CAPITAL FUND		464,097,182	53,637,257
Significant accounting policies	24		Section 1988 (
Contingent liabilities and notes on accounts	25		

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates

Beendra Dingon

Chartered Accountants

CA. Surendra Dugar

Proprietor

MRN: 063571 / FRN: 325846E

Tezpur, 12th August 2014

For and on behalf of the management LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health

Tezpur :: Sonitpur :: Assam

Receipts	Ann	Current Year	Previous Year	Payments	Ann	Current Year	Previous Year
Opening Balance				Establishment Expenses	III	154,795,809	128,805,549
a) Cash in hand		9	10	Office Expenses	XI	13,685,288	10,896,252
b) Cash at bank				Administrative Expenses	×	20,651,029	19,266,304
Savings Account	-	43,534,065	184,045,058	Hospital Expenses	×	16,602,759	11,746,618
c) Term Deposits	=	449,170,487	\$15,300,395	515,300,395 Academic Expenses	XII	1,787,631	1,942,731
The second second				Payment from Fees A/c2733	Đ,	391,896	222,844
Interest carned	1			Payment from Rehabilitation A/c 4797	VIX.	686,313	3,175,262
On Saving account	Ħ	8,559,570	3,834,333	Payment from A/c 6000	X	655,086	953,368
On Term Deposit	2	44,733,028	46,899,842	Payment from A/c 6666	XVI	2,748,357	977,685
			10.65 (10.65)	Fixed Assets Purchased	XVII	\$23,047,965	276,818,566
Grants/ Subsidies Received	>	641,960,759	182,283,724	182,283,724 Advances / Liability Paid	ΧVⅢ	3,575,435	2,433,755
Other Income	7			Closing Balance			
A/e 2733		1,072,800	674,500	a) Cash in hand		427	X
A/e 1172		65,110	3,960,115	b) Cash at bonk			
Ve 1158		443,971	260,521	Savings Account	XIX	267,895,470	43,534,065
Other Receipts of sea-presents in potents	5			c) Term Deposits	×	187,042,552	449,170,487
Security Deposits		1,374,959	1,192,581				
Earnest Money Deposit		504,987	456,081				
Others		2,449,281	11,036,326				
	_	1.193.869.017	949,943,486			710 098 101 1	949 943 486

In terms of my report for even date attached.

Surendra Dugar & Associates Chartered Accountants For and on behalf of.

Breezelle Any CA. Surendra Dugar Proprietor

MRN: 063571 / FRN: 325846E

For and on behalf of the management LGB Regional Institute of Mental Health

Authorized Signatory

Tezpur, 12th August 2014

#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2014		
	Current Year	Previous Year
Schedule 1: Corpus/ Capital Fund		
Balance at the beginning of the year	897,939,943	844,302,686
Add: Contribution towards corpus/ capital fund	-	**************************************
Add/deduct balance of net income/expenditure transferred	464,097,182	53,637,257
	1,362,037,125	897,939,943
Schedule 3: Earmarked/ Endowment Funds		
Balance at the beginning of the year	36,505,847	35,344,138
Earmarked/ Endoment fund		
Interest on Investment	0.000	1,161,709
Transfer from Earmarked/ Endoment fund		2
	36,505,847	36,505,847
Schedule 7: Current Liabilities		
1. Acceptances		
2. Sundry Creditors		
a) For goods		
b) Others outstanding liabilities		
3. Advances Received/Security deposits/		
Others	3,908,979	3,625,107
Security Deposit (HSCC)	(A) (A) (A) (A)	807,959
Security Deposit (A/C 6666)	164,929	308,836
Caution Deposit (A/C No 2733)	2,000	400000000
Security Deposit(Library)	7//	
Security Deposit (Rehabilitation)	17,307	270,833
4. Interest accrued but not due on	0.0000000000000000000000000000000000000	U-11/0/03/2000
a) Secured loans/borrowings	1941	
b) unsecured loans/borrowings		
5. Statutory Liabilities		
a) VAT	952	952
b) IT		
c) Excess deposit		5,182
d) LIP	650	1,175
e) NPS	8	5,896
f) GPF	2,000	2250000 1 <del>4</del> 3
g) Contractors liability	96,632	96,632
h) Earnest money (SB A/C No 1158)	576,756	700,081
i) Earnest money (SB A/C No 1172)	300	AND STATE
6. Others current Liabilities	466	466
TAN BERTON OF A PROPERTY OF THE TOTAL TOTA	4,770,971	5,823,119

Schedule 11: Current Assets/ Loans and Advances		
A. CURRENTS ASSETS		
1. Inventories		
a) Stores and spares	2,309,109	1,821,931
2. Sundry Debtors		
3. Cash balance in hand(including cash,P.advance etc.)	427	()
4. Bank Balances		
a) With schedule Banks		
Purchase of FDR		
Pension Fund (A/c 5555)	19,205,912	17,902,706
On deposit accounts	170,380,975	433,688,421
On saving accounts	265,351,135	41,113,425
Total	454,938,022	492,704,552
B. LOANS AND ADVANCES AND OTHER ASSETS	N	
1. LOANS		
<ol> <li>Advances and other amounts recoverable in cash or in kind for value to be received</li> </ol>		
(a)On capital account ,Advance to HSCC	( <del>4</del> )	
(b) Prepayment		
(c) Others:		
Festival advances	126,540	138,165
Advance for Maint, of Water Plant	578,731	778,731
Others (Consultancy) HSCC	27,130,853	27,130,853
Telephone security	12,200	12,200
Advance Maintainaence of Building	580,000	1,100,000
Advance Improvement & maintenance of electrical item	100,000	(*)
The state of the s	485,775,882	523,686,432

DESCRIPTION	GROSS BLOCK	Addition	Deletum	Canada Dobek 35	Mann I	Acount	Accumulated Depreciations	ZDINK		
	28 ed 1/4/2013			on 31/03/2014		Opening Balance as on 1/4/2013	Provided during the year	Closing Balance as on 31/03/2014	Classing   Clossing   WDV   WDV	Closing WDV w on 31,03/2013
A. Fixed Assets										
L X-Ray Machine	293,700			293,700	7.07%	293,700		293,760		
2. Type Machine	906'999			906'99	4.25%	45,018	3,178	48,196	18,710	21,888
3. Simi/Auto analyser	249,040			249,040	7.07%	158,464	17,607	176,071	72,969	90,576
4. Vehicles	2,279,098	1,097,506		3,376,694	9.50%	2,279,098		2,279,098	1,097,506	
5 Furniture & Fictures	13,592,574	2312.963		15,905,537	6.33%	5,518,161	860,410	6,378,571	9,526,966	8,074,413
6. Office Equipment	7,250,799	1,156,556		8,407,355	6.33%	3,146,831	458,976	3,605,807	4,801,548	4,103,968
7 Computer periphenshs	4,172,611	939,350	5	5,111,961	16.21%	3,715,078	636,389	4,391,458	720,503	457,333
8. Libriny Books	83,159,884	9,116,842		92,276,726	100.00%	67,159,338	16,000,546	83,159,884	9,116,842	16,000,546
9. Medical equipments	739,680			739,680	7,07%	468,576	52,293	529,871	218,809	271,104
III Buoyde	1,390			1,390	7.07%	1,375	15	1,390		15
11. Mosti Xenni	258,195			258,195	7,07%	224,679	18,254	242,933	15,262	31,516
12. Incinerator	735,104			735.104	4,75%	419,008	34,917	453,925	281,179	316,096
13. Fire Extinguisher	79,706			79,706	7.07%	61,986	5,635	67,621	12,085	17,720
14. DG Sets	1,676,000			1,676,000	4,75%	796,101	39,610	875,711	800.289	879,899
15. Hospital Equipment	1,792,430			1,792,430	7,07%	355,570	126,725	682,295	1,110,133	1,236,860
16. Voltage Stabilierr	432,564			452.564	6.33%	257,824	78,647	286,471	166,093	194,740
17 Electrolite (pathology)	182,000			182,000	7.07%	102,937	12,867	115,804	961'99	79,063
18 Digital microscope & Fally Automated clinical chemistry analyses (Pathilogy)	5,118,750			5,118,750	7,07%	2,171,376	361,196	2,533,272	2,585,478	2,947,374
19. Shimadea Ulensound System				NEW YORK		COLORS -	2000000	5,55,000	175,000	2000
20 TA Slines Builtanes (T. Scan Shillian	2,122,000			2,122,000	7,0756	2 040 100	1 470.040	750,125	1,571,675	1521,900
11 Description of Bulcolous days (Modes)	7 400 916			2 440 772	1.4591	140.130	10.166	DC1/2001	3 3 14 400	3 3 5 5 5 5 6 6
22 Inn of road connect NH	g 893 902			8 891 903	79679	860 876	148 971	1 014 767	7870 105	8.024.076
23. By pass road	3,165,831			3,165,831	1,63%	206.412	\$1,603	258.015	2,907,816	2 959 419
24 Link road	454,108			454,108	1639	44.412	2402	51,814	402.204	409,696
25 Cons. Ofhoundary will	6,693,647			0,093,647	1,67%	054,636	169,106	763,742	5,929,905	110'660'9
26 Quarter (Non Rocuming)	23,094,047			23,094,047	1.63%	1,129,299	376,433	1,505,732	21,588,315	21,964,748
27. Electrical Substation	903,566			903,566	1.63%	88,368	14,728	103,696	800,470	815,198
28 Security Pencing construction	957,794			957,794	1.63%	58,732	15,612	74,344	883,450	899,062
29. Electrical stems	28,550		1	28,550	7.07%	4,036	2,018	6,054	22,496	24,514
29 Upgradation Of LGBRIMH	245,000			245,000	1.63%	3,994	3394	7,988	237,012	241,005
Capital work in progress			,		1.694					

DESCRIPTION	GROSS BLOCK	Addition	Defetion	Oross Block as:	Rate	Accum	Accumulated Depreciation	ation		
	3/4/2013	0		on 31/03/2014		Opening Balance as on 1/4/2013	Provided during the year	Closing Balance as on 31/03/2014	Closing WDV as on 31/03/2014	Closing WDV as on 31/03/2017
30 Consultancy and construction HSCC	30,147,762			30,147,762	3	S-000000000000000000000000000000000000	**		30,147,762	30,147,762
31 Printer under research project als 4798	14,327			14,327	16.21%	4,644	2322	996'9	7,361	9,683
32 Equipments under rehabilitation	129,740			129,740	6.33%	16,426	8.213	24,639	105,101	113,314
33. Construction of Rehabilitation centre	22,194,033			22,194,035	1,63%	1,085,291	361,763	1,447,054	20,746,981	21,108,744
34. Furnitare under manpawer day alc 6000	460,740			460,740	6.33%	58,330	29,165	87,495	373,245	402,410
33 Purchase Of Furnitary under Rohabilitation centre (	1,191,211			1,191,211	6.33%	75,404	75,404	150,808	1,040,403	1,115,807
36. Equipment (A/C 4797)	1,254,103	4,424,748		5,678,851	6.33%	79,385	79,385	158,770	5,520,081	1,174,718
37 Furniture (A/C No 6666)	14,007			14,097	6.33%	892	892	1,784	12,313	13,205
31. Parchase of Equipment (S.B. A.C. No 6666)	5,721,511			5,721,511	6.53%	362,172	362,172	724.344	4,997,167	\$,359,339
39.Purchase of books (A/c 6000)	3,880,613			3,880,613		3,880,613		3,880,613	4	+
40. Add Capital work in progress	238,800,000	304,000,000		762,800,000				*	762,800,000	258,800,000
TOTAL	516.369,791	\$23,047,965	5	1,039,417,756		99,787,384	22,092,381	121.879,695	917,538,061	416.582,477



#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

Schedule to Income and Expenditure Account for the year ended 31st March 2014

#### Schedule 12: Income from Sales and Service

	Current year	Previous year
Sales proceeds	7.8599A	13,440
Canteen Rent	12,700	4,200
sales of scrapes	00-00-00	3,830,775
Tender Fees	19,800	43,500
Application Fee for vacant post	27,420	9,100
Postal order	19816-000	2,200
Library books (late fine)		4,274
Quotation fees		47,000
Xerox charges	5,170	5,626
RTI Fees	20	2700000
	65,110	3,960,115

Schedule 13: Grants and Subsidies

	Current year	Previous year
Central Government	640,000,000	180,000,000
Received from Tezpur University(SB A/C No 6666)	1,960,759	2,283,724
Grant for Research Project from GOI	10000	
Total	641,960,759	182,283,724

Schedule 14: Fees / Subscription (A/c No.2733)

THE PERSON NAMED OF THE PE	Current year	Previous year
DNB course Fees	219,600	193,700
DPN course fee	24,000	16,200
M.Sc. Nursing course fee	231,600	137,750
M Phil(PSW)	38,900	82,600
MD fee	47,800	68,600
Entrance examination	24,100	**
Mphil (Clinical Psychology)(A/C No 2733)	49,500	46,400
Stipned Recovery(A/C No 2733)	18,000	1.71
MSP Fee Receipt (A/C No 2733)	8,400	
Posting Fee(A/C No 2733)	255,600	
PSW Course Fee(A/C No 2733)	81,300	
Student Bond Recovery(A/C No 2733)	72,000	
Miscellaneous Received(A/C No 2733)		129,250
	1,070,800	674,500



	Current Year	Previous Year
1) ON TERMs DEPOSIT		
a) With schedule banks	1	
b) with non schedule banks	1	
c) with institutions		
d) Others	070000000000000000000000000000000000000	4
2) Saving Accounts	44,733,028	45,738,133
a) With schedule banks		
b) with non schedule banks		
e) Post office saving accounts		

d) Others 3) On loans

Total

	Current Year	Previous Year
1) ON TERMS DEPOSIT		588876574574075
a) With schedule banks	1 1	
b) with non schedule banks		
c) with institutions		
d) Others	8,539,370	
2) Saving Accounts		
<ul> <li>With schedule banks</li> </ul>		3,834,333
b) with non schedule banks		
c) Post office saving accounts		
d) Others		
3) On loans		
Total	8,559,570	3,834,333

44,733,028

45,738,133

The same of the sa	Current Year	Previous Year
Miscellaneous Receipts from Gauhati University	500	-
OPD Registration Fees	80,510	
License Fees	6,266	3,335
- P. S.	87,276	3,335

	Current year	Previous year
a) Closing Stock	2 200 100	1 821 021
Finished Good	2,309,109	1,821,931
Work in progress	*	19
h (Less opening stock	90.0000.0000.0000	000000000
Finished Good	1,821,931	1,439,633
Work in progress	*	-
The second of th	487,178	382,29



Schedule 20: Establishment Expenses

	Current year	Previous year
Salaries and wages	143,873,362	116,791,699
Pension Contribution/ NPS	5,377,500	556,491
Contribution to provident fund(EPF)		5,478,901
Medical Expenses Reimbursement	856,237	1,083,908
Children Education Allowance	1,248,174	1,086,734
LTC	110,840	386,262
Stipend and Scholarship	3,021,176	2,785,139
Total	154,487,289	128,169,134

Schedule 21: Other Administrative Expenses

	Current year	Previous year
Purchases	16,162,815	11,458,774
Labour expenses	6,187,154	4,477,273
Electricity and power	4,580,740	3,368,177
Repair and maintenences	11,956,170	13,130,881
Vehicles running and maintenences	630,210	544,216
Postage telephone and communication charges	937,190	504,852
Printing and Publication	667,488	288,197
Travelling and conveyance Expenses	1,118,931	852,218
Expenses on seminer and workshop	233,251	502,760
Expenses on stationary,	354,050	223,185
Auditors remuneration & other prof. & spl. service fees	26,910	43,076
Hospitality expenses		45,440
Proffessional charges (legal fees)	3,600	133,190
Advertisement and publicity	470,632	534,241
Purchase of learning materials	553,201	592,263
Security agency	3,197,478	2,412,517
Executive council meeting	156,004	150,000
Misc.O.E. Hospital	20,558	
Other charges	810,965	689,466
Honararium	2,400	UPWENT OF
Staff welfare	20,000	20,000
Maintenance of laundry,kitchen,incinarator	71,496	40,020
Maintenance of Xerox, water plants, DG sets, EPBX	2,025,484	2,141,082
Liveries	300000	
Medical expenses	27	
LTC		
Pension , leave salary contribution		
Servicing and repairing of hospital equipment	347,890	244,814
Maintenance of Type writter	*	
Committibution to professional bodies	356,000	434,300
Environment & Ecological Development	-	
Information Technology	211,270	426,176
Consultancy Fees	645,179	413,408
Misc. under hostel expenses		
Community Psy programme	212,400	173,200
Maintenance of incinator		3,010
Bank Charges (a/c 1158)		2,738
	51,959,466	43,849,474

	Current year	Previous year
Expenditure against A/c 2733	10000000	900-99
DNB fees exp	45,103	61,278
Mphil (PSW)	77,300	41,800
MD Fees Exp	53,693	550
DPN Fee Collection Exp	23,996	
Mphil (Clinical Psychology)	38,100	17,350
Fee Collection exp		56,066
Caution Money Release	74,000	1
Misc	16,040	
MSc Psy Nursing fees exp	63,664	45,800
Expenditure against A/c 4797		
Rehabilitation Exp	735,787	3,175,262
Expenditure against A/c 6666	115000550 40	
Salary	1,052,455	873,77
Misc	1,492,179	
Travel Exp	2	8,514
Registration Fees	*	3,000
Chemical Consumable		92,40
Expenditure from fund of Tezpur University		250,000



655,086

4,327,403

953,368

5,579,159

#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

		Current Year	Previous Year	
Annexure I: Or	pening Balance of Cash a	t bank		
	2733	2,036,819	1,514,603	
	1172	6,972,648	2,804,487	
	4797	7,302,435	470,682	
	1158	21,597,084	173,961,879	
	6000	274,309	1,196,565	
	4798	64,583	61,398	
	6666	2,865,547	1,709,050	
	5555	2,420,640	2,326,394	
		43,534,065	184,045,058	
Annexure II: O	pening Balance of Term	Deposit		
	2733		2	
	1172	1,691,293	1,454,450	
	4797	8.0	7,697,122	
	1158	420,159,466	481,568,725	
	6000	11,837,662	10,718,592	
	4798		32	
	6666		10	
	5555	15,482,066	13,861,506	
		449,170,487	515,300,395	
Annexure III: 1	nterest Earned on Saving			
	2733	93,359	70,560	
	1172	359,088	208,046	
	4797	292,916	48,658	
	1158	7,432,122	3,275,768	
	6000	89,079	31,112	
	4798	2,864	3,185	
	6666	166,447	102,758	
	5555	123,695	94,246	
		8,559,570	3,834,333	
Annexusa IV	nterest Earned on Term I	Densits		
A STATE OF THE PARTY OF THE PAR	2733	- Apartic	-	
	1172	72,644	236,843	
	4797		1,161,709	
	1158	42,516,713	42,761,660	
	6000	964,160	1,119,070	
	4798	294,200	145-1-16-15	
	6666	71 =:		
	5555	1,179,511	1,620,560	
	W W W W	44,733,028	46,899,842	
		44,733,020	40,055,042	2/4
			(II TERPAND)	3
			THE THE	£4/2

4/c 1158 Received From MOH & FW, GOI	640,000,000	180,000,000
Received from Rehabilitation Council of India		2,300
Received from Tezpur University		250,000
A/c 6666		5500MM
Received from Tezpur University	1,960,759	2,031,424
	641,960,759	182,283,724
Annexure VI: Other Income		
A/c 2733		
MSc( psy nursing)	231,600	137,750
DPN Course fee	24,000	16,200
Mphil (Clinical Psychology)	49,500	46,400
Caution Money Deposit	2,000	
DNB course fee	219,600	193,700
Mphil (PSW)	38,900	82,600
MD Student fees	47,800	68,600
Entrance Examination fee	24,100	*
Stipned Recovery	18,000	*.
MSP Fee Receipt	8,400	
Posting Fee	255,600	*
PSW Course Fee	81,300	61
Student Bond Recovery	72,000	0.0
Miscellaneous Received	•	129,250
Total (A)	1,072,800	674,500
A/c 1172		
Sales proceeds		13,440
Canteen Rent	12,700	4,200
sales of scrapes	1(7)	3,830,775
Tender Fees	19,800	43,500
Application Fee for vacant post	27,420	9,100
Postal order	(0.00)	2,200
Library books (late fine)		4,274
Quotation fees		47,000
Xerox charges	5,170	5,626
RTI Fees	20	
Total (B)	65,110	3,960,115
<u>A/c 1158</u>	80,510	
OPD Registration fees	500	
Gauhati University	114,974	113,808
License Fees(Quarter)	247,987	144,282
Electric Charge	247,707	2,431
Electric Charge (Quarter)	441.071	260,521
Total (C)	443,971	200,321
Grand Total (A+B+C)	1,581,881	4,895,136
		,

300 - 504,687 - 504,987	159,526 1,033,055 - 1,192,581 - 456,081
59,816 1,374,959 300 - 504,687 - 504,987	1,033,055 - 1,192,581 - - - 456,081
59,816 1,374,959 300 - 504,687 - 504,987	1,033,055 - 1,192,581 - - - 456,081
59,816 1,374,959 300 - 504,687 - 504,987	1,192,581 - - - 456,081
300 - 504,687 - 504,987	- - 456,081
300 - 504,687 - 504,987	- - 456,081
504,687 - 504,987	
504,687 - 504,987	
504,687 - 504,987	
504,987	
504,987	
100	456,081
525	5-010-200
525	
575	\$1024000
	1,175
2,000	2
27,286	en maria de la co
172,001	381,660
7,698	
•	5,896
26,392	**
394,125	107,325
	2,985,088
1,100,000	5,610,000
5.T	680,000
200,000	320,000
	5,182
519,254	55
2	940,000
2,449,281	11,036,326
144 101 002	117 420 114
	117,428,114
5,295,930	5,478,901
956 337	451,816
200 Sept. 200 Sept. 100 Se	1,083,908
	1,086,734
	104,675
	386,262
The second secon	2,785,139
154,795,809	128,805,549
	172,001 7,698 - 26,392 394,125 - 1,100,000 - 200,000

Annexure IX: Office Expenses		
Legal services	3,600	133,190
Printing & Stationery	354,050	223,185
Printing and publications	667,488	288,197
Advertisement and publicity	470,632	534,241
Postage and Telegram	73,804	91,134
BOG/EC Meeting	156,004	150,000
Electricity Charges	3,048,321	2,548,914
Electrical OE		821,694
Telephone charges	863,386	413,718
Security agency	3,197,478	2,412,517
Bank Charges	457405 To 1079	2,738
Honorarium	2,400	
Maintenance of computer / Xerox	395,510	627,989
Maintenance of Water plant	556,871	406,698
Other charge	810,965	689,466
Staff welfare	20,000	20,000
Maint. Of DG sets	1,073,103	1,106,395
Information Technology	211,270	426,176
Improvement & maintenance of electrical item	1,780,406	-
	13,685,288	10,896,252
Annexure X: Administrative Expenses Salary & Wages	6.706.408	4.477.273
Salary & Wages Travelling Expenses	6,706,408 1,118,931 212,400	852,218
Salary & Wages Travelling Expenses Community psy. Programme	1,118,931 212,400	852,218 173,200
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL	1,118,931	852,218 173,200 544,216
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses	1,118,931 212,400 630,210	852,218 173,200 544,216 45,440
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc	1,118,931 212,400	852,218 173,200 544,216 45,440 13,130,881
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses	1,118,931 212,400 630,210 - 11,956,170	852,218 173,200 544,216 45,440 13,130,881 43,076
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service	1,118,931 212,400 630,210 - 11,956,170 26,910	852,218 173,200 544,216 45,440 13,130,881 43,076
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304 3,842,765 3,042,971 625,409
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing Laboratory Maintenance	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747 5,264,285	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304 3,842,765 3,042,971 625,409 3,548,079
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing Laboratory Maintenance Hygienic expenses	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747 5,264,285 466,226	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304 3,842,765 3,042,971 625,409 3,548,079
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing Laboratory Maintenance Hygienic expenses Miscelleneous	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747 5,264,285 466,226 20,558	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304 3,842,765 3,042,971 625,409 3,548,079 399,550
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing Laboratory Maintenance Hygienic expenses Miscelleneous Maint. Of laundry & Kitchen	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747 5,264,285 466,226	852,218 173,200 544,216 45,440 13,130,881 43,076 19,266,304 3,842,765 3,042,971 625,409 3,548,079 399,550 40,020
Salary & Wages Travelling Expenses Community psy. Programme Vehicle Maintenance/POL Hospitality Expenses Maintenance of Building etc Payment of Prof. and spl service  Annexure XI: Hospital Expenses Diet expenses Medicine Clothing Laboratory Maintenance Hygienic expenses Miscelleneous	1,118,931 212,400 630,210 - 11,956,170 26,910 20,651,029 5,554,410 3,959,147 918,747 5,264,285 466,226 20,558	43,076 19,266,304 3,842,765



Annexure XII: Academic Expenses		
Consultancy Fees	645,179	413,408
Contributional to professional bodies	356,000	434,300
Purchase of learning material	553,201	592,263
Training / conference/seminer	233,251	502,760
	1,787,631	1,942,731
Annexure XIII: Expenses from A/c 2733		
DNB fees exp	45,103	61,278
Mphil (PSW)	77,300	41,800
MD Fees Exp	53,693	550
DPN Fee Collection Exp	23,996	330
Mphil (Clinical Psychology)	38,100	17,350
Fee Collection exp	50,700	56,066
Caution Money Release	74,000	
Misc	16,040	
MSc Psy Nursing fees exp	63,664	45,800
Misc ray ivuranig rees exp	391,896	222,844
	372,070	222,011
Annexure XIV: Payments for Rehabilitation A/		
Rehabilitation Exp	735,787	3,175,262
Security Deposit	253,526	0.177.070
	989,313	3,175,262
Annexure XV: Payment from A/c 6000		
Salary	655,086	953,368
Annexure XVI: Payment from A/c 6666		
Salary	1,052,455	873,771
Misc	1,492,179	
Travel Exp		8,514
Release of Security	203,723	
Registration Fees	-	3,000
Chemical Consumable		92,400
	2,748,357	977,685
Annexure XVII; Fixed Assets Purchased		
Capital Work-In-Progress	504,000,000	258,800,000
Car	1,097,506	-
Furniture & Fixture	2,312,963	1,370,707
Office Equipment	1,156,556	132,130
Computer	939,350	515,183
Library Books	9,116,842	16,000,546
A/c Rehabilitation	100000000000000000000000000000000000000	
Equipment Purchased	4,424,748	200 010 555
	523,047,965	276,818,566



Annexure XVIII: Liability Paid		
Income Tax	-	829
Advance Maintenance of Water Plant	2	200,000
Exp from fund from Tezpur University	1 2	250,000
Festival Advances	382,500	138,165
Advance Improvement & maintenance of electr	100,000	NO. 11 / 12 / 12 / 12 / 12 / 12 / 12 / 12
Exess deposit liability adjusted of FY 2012 13	5,182	-
Income Tax Recovery Paid	26,392	
GSLI Paid	7,698	
LIP Paid	525	2
Release of Earnest Money	628,012	
NPS liability Paid of FY 2012 13	5,896	-
Advance for maintenance of Building	580,000	1,100,000
Release of Security Deposit previous years	1,839,230	744,761
	3,575,435	2,433,755
Annexure XIX: Closing Balance of Cash at bank		
2733	2,811,082	2,036,819
1172	7,397,146	6,972,648
4797	2,181,290	7,302,435
1158	244,510,154	21,597,084
6000	6,079,804	274,309
4798	67,447	64,583
6666	2,304,212	2,865,547
5555	2,544,335	2,420,640
	267,895,470	43,534,065
Annexure XX: Closing Balance of Term Deposit		
2733		
1172	1,763,937	1,691,293
4797	.,,	1,071,233
1158	162,186,718	420,159,466
6000	6,430,320	11,837,662
4798	-	11,007,002
6666		- 3
5555	16,661,577	15,482,066
_	187,042,552	449,170,487
	TOEPUT	

Lokopriya Gopina. Bordoloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

2014	
March	
13181	
ended	
year	
or the	5555
Account for	A/c
Payments	
bus	
Receipts	

Particulars	2013-14	2012-13	Particulars	2013-14	2012-13
Opening Balance a) Cash in band	ï	12			
b) Cash at hank Indian Oversens Bank	2,420,640	2,326,394			
c) Term Deposits	15,482,066	13,861,506			
Interest carried On SB Deposit	123,695	94,246	Closing Balance a) Cash in hand	i.	i i
On Term Deposit	1179,511	1,620,560	h) Cash at bank Indian Overseas Bank	2,544,335	2,420,640
			Ave No.35555 c) Term Deposits	16,661,577	15,482,066
	19,205,912	17,902,706		19,205,912	17,902,706

In terms of my report for even date attached.

For and on behalf of:
Surendra Dugar & Associates
Chartered Accountants

CA. Surendra Dugar
Proprietor
MRN: 063571 / FRN: 325846E

For and on behalf of the numpoment LGB Regional Institute of Mental Health Authorized Signatory

Total and the state of the stat

Tezpur, 12th August 2014

Authorized Signatory

Lokopriya Goginath Bordoloi Regional Institute of Mental Health
Tezpur:: Sonitpur:: Assam

Receipts and Payments Account for the year ended 31st Murch 2014

A/c 6666

Particulars	2013-14	2012-13	Particulars	2013-14	2012-13
Opening Balance a) Cash in hand	36		Other Payments		
h) Cash at hank	2 C E C C		Salary	1,052,455	873,771
Indian Overseas Bank	2,865,547	1,709,050	Misc	1,492,179	ì
A/c No.6666			Travel Exp		8,514
c) Term Deposits	38	26	Release of Security	203,723	9
			Registration Fees	C	3,000
Grant Received			Chemical Consumable	33	92,400
Received from Tezpur University	1,960,759	2,031,424			
Interest cannot			Closing Balance		
On SB Deposit	166,447	102,758	a) Cash in hand	16	ř
Other Receipts			Indian Oversens Bank	2,304,212	2,865,547
Security Deposit	59,816	8	A/c No.6666 c) Term Deposits	2 29	26
	095 650 5	3 843 232		\$.052.569	3.843.232

In terms of my report for even date attached.

For and on behalf of:
Surendra Dugar & Associates
Chartered Accountants

Guardia Angui CA. Surendra Dugui Proprietor

Proprietor MRN: 063371 / FRN: 325846E

Truction of the state of the st

For and ou behalf of the management LGB Regional Institute of Mental Health

Tezpur, 12th August 2014

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health

Tezpur:: Sonitpur:: Assum

# Receipts and Payments Account for the year ended 31st March 2014 A/c 4798

Particulars	2013-14	2012-13	Particulars	2013-14 ₹	2012-13
Opening Balance a) Cash in hand	3.	*			
b) Cash at bank Indian Overseas Bank	64,583	868,19			
A/c No.4798 c) Term Deposits	19	ě	Closing Balance a) Cash in hand	9	34
Interest earned			b) Cash at bank Indian Overseas Bank	67,447	64,583
On SB Deposit	2,864	3,185	3,185 A/c No.4798 c) Term Deposits	76	100
	67,447	64.583		67.447	64.583

In terms of my report for even date attached.

For and on behalf of Surendra Dugar & Associates Chartered Accountants

Runder digni

CA. Surendra Dugar Proprietor MRN: 063571 / FRN: 325846E

Tezpur, 12th August 2014



For and on behalf of the management LGB Regional Institute of Mental Health Authorized Signatory

#### Lokopriya Gopinath Bordoloi Regional Institute of Mental Health Tezpur :; Sonitpur :: Assam

#### Receipts and Payments Account for the year ended 31st March 2014 A/c 6000

2013-14	2012-13	Particulars	2013-14 ₹	2012-13
		Salary	655,086	953,368
		Distriction Made	2.000.000.0	
274,309	1,196,565		1	
2-12-10-30-60	Composition Co.	Closing Balance	1	
11,837,662	10,718,592	a) Cash in hand	1.0	7.0
Care to a Control of the		b) Cash at bank		
		Indian Overseas Bank	6,079,804	274,309
89,079	31,112	A/c No.6000	A12410718491	
964,160	1,119,070	c) Term Deposits	6,430,320	11,837,662
13 165 210	13 065 330		13 165 210	13,065,339
	274,309 11,837,662 89,079	274,309 1,196,565 11,837,662 10,718,592 89,079 31,112 964,160 1,119,070	- Salary  274,309 1,196,565  11,837,662 10,718,592 Closing Balance a) Cash in band b) Cash at bank Indian Overseas Bank A/c No.6000 c) Term Deposits	Salary 655,086  274,309 1,196,565  11,837,662 10,718,592 a) Cash in hand b) Cash at bank Indian Overseas Bank 89,079 31,112 964,160 1,119,070 c) Term Deposits 6,430,320

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates

Chartered Accountants

CA. Surendra Dugar

Proprietor

MRN: 063571 / FRN: 325846E

For and on behalf of the management LGB Regional Institute of Mental Health

Tezpur, 12th August 2014

Authorized Signatory

Lokopriya Gopinath B Joloi Regional Institute of Mental Health Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2014 A/c 4797

Particulars	2013-14	2012-13	Particulars	2013-14	2012-13 ₹
Opening Balance a) Cash in hand	3	Wi.	Rehabilitation Exp	735,787	3,175,262
b) Cash at bank			Security Deposit	253,526	
Indian Overseas Bank A/c No.4797	7,302,435	470,682	Equipment Purchased	4,424,748	¥0
c) Term Deposits	.3	7,697,122	Closing Balance a) Cash in hand	8	
Interest earned			b) Cash at bank		
On SB Deposit On Term Deposits	292,916	48,658	Indian Overseas Bank A/c No.4797	2,181,290	7,302,435
Other Denoxies			c) Term Deposits		*
Security Deposit	1.0	159,526			
Advane Rehabilitation Expense	23	940,000			
	7,595,351	10,477,697		7,595,351	10,477,697

In terms of my report for even date attached.

For and on behalf of Surendra Dugar & Associates Chartered Accountants CA. Surendra Dugar Proprietor MRN: 063571 / FRN: 325846E

For and or behalf of the management LGB Regional Institute of Mental Health Authorized Signatory



Tezpur, 12th August 2014

Lokopriya Gopinath Bardoloi F ) peal Institute of Mental Health Texture: Somfort :: Assim.

Receipts and Paymonts Account for the year ended 31st March 2014

A/c 1172		
A/c 11	20	4
7	A 1/1 1 1 1	7 7 7 7
	7	

Particulars	2013-14	2012-13	Particulars	2913-14	2012-13
Opening Balance			Clesion Balance		
by Crark at Same	Ŕ		at Cash in hand	10	
Indian Overseas Bunk	6,972,648	2,804,487	As Combact bank	000000000000000000000000000000000000000	
A/c No.1172		Control of the Contro	Infigur Overseas Bank	7,397,146	6,972,648
el Term Deposits	1,691,293	1,454,450	Are No.1172	1	20002
fatewart corned			c) Term Deposits	1,763,937	1,691,293
On SB Depusit	359,088	208,046			
On Term Deposits	72,644	236,843			
Other ImpowerSpecific	O ANDRON				
Sales proceeds.	٠	13,440			
Cantoon Rent	12,700	4,200			
sales of scopes		3,830,775			
Tendes Focs	19,800	43,500			
Application Fee for vacuut post	27,420	9,100			
Postal order	7	2,200			
Library books (late fine)		4,274			
Ouotition fees		47,000			
Xerox charges	5,170	5,626			
RTITues	239	d.			
Chlar Revegata					
Earnest Money	300	98			
	9 767 087	8.663.943		9.767.083	K 563 941

In terms of my report for even date attached.

Surendra Dugar & Associates
Chartered Accountants
CA. Surendra Dugar

For and on helvely of the nongeneral LGB Regional Institute of Mental Health

Authorized Signatory



Tezpur, 12th August 2014

MRN: 063571 / FRN: 325846E

Lokopriya Gopmith Bordoloi Reg. vi Institute of Mental Health Tezpur :: Sonitp... Assam

Receipts and Payments Account for the year ended 31st March 2014

A/c 2733

Particulars	2013-14	2012-13	Particulars	2013-14	2012-13
Opening Balance			70.00	3	
a) Cash in hand	12	•	DNB fees exp	45,103	61,278
by Cash at bank	5		Mphil (PSW)	77,300	41,800
Indian Oversens Bank	2,036,819	1,514,603	MD Fees Exp	53,693	550
A/c No.2733	2000/2000/2000	100000000000000000000000000000000000000	DPN Fee Collection Exp	23,996	
c) Term Deposits	Si	4	Mphil (Clinical Psychology	38,100	17,350
			Fee Collection exp		56,066
Interest camed	93,359	70,560	Cantion Money Release	24,000	15
Other Income/Specify)	100000	7257250	Misc	16,040	2
MSc(psy nursing)	231,600	137,750	MSc Psy Nursing fees exp	63,664	45,800
DPN Course fee	24,000	16,200	100	81	
Mphil (Clinical Psychology)	49,500	46,400	Cleang Balance		
Caution Money Deposit	2,000		a) Cash in hand	*	
DNB course for	219,600	193,700	By Cards at bamb	Á	
Mphil (PSW)	38,900	82,600	Indian Overseas Bank	2,811,082	2,036,819
MD Student fees	47,800	68,600	A/c No.2733	CHARLES CONTROL	
Entrance Examination fee	24,100	4	c) Term Deposits		
Stipned Recovery	18,000	£			
MSP Fee Receipt	8,400	e e			
Posting For	255,600	ě			
PSW Course Fee	81,300	4			
Student Bond Recovery	72,000				
Miscellanenes Received		129,250			
	2 202.078	3 350 663		\$ 202 078	3 350 663
	4444444444	4444 TOMOS		Nagatagata.	September 11 (Market)

In terms of my report for even date attached.

Surendra Dugar & Associates Chartered Accountants Scender de For and an behalf of

MRN: 063571 / FRN: 325846E Proprietor

CA. Surendra Dugar 7

LGB Regional Institute of Mental Health For any on behalf of the waxapowers

Authorized Signatory

### SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31<sup>57</sup> MARCH 2014 SCHEDULE 24: SIGNIFICANT ACCOUNTING POLICIES

- Accounting Convention: The attested financial statements have been prepared on the basis
  of historical cost concept and on cash accounting basis.
- Inventory Valuation: Stores and spares are valued at cost or net realizable value, whichever is lower.

#### Fixed assets and depreciation:

- a. Fixed assets are stated at written down value after providing depreciation at the rates mentioned under Schedule XIV of the Companies Act, 1956 on Straight Line Method.
- b. The current construction cost of the new buildings has been incorporated in the books under the head "Creation of Capital Assets."
- Depreciation is charged at the rates mentioned under Schedule XIV of the Companies Act,
   1956 on Straight Line Method upon the opening value of the block of asset.
- Government Grants: Government grants are recognized on realization basis. Grants received
  for earmarked purposes have been considered as liability. Interest on government grants
  (received for earmarked purposes) invested as fixed deposits have credited to the grant
  account.
- Retirement Benefits: No provisions have been made for gratuity or leave encashment payable.
- Interest Income: Income earned on regular savings account as well as on term deposits are credited for in the books of accounts on cash basis.



## SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 3157 MARCH 2014 SCHEDULE 25: CONTINGENT LIABILITES AND NOTES ON ACCOUNTS

- Contingent Liabilities: An amount of ₹ 2,81,494/- being surcharge levied by the Assam Power
  Distribution Co. Ltd. For delay in payment of electricity bill have not been provided as liability in the
  books of accounts as the same have been requested for waivement by the Institute and the said
  plea for waivement is under consideration.
- Current Assets, Loans and Advances: In the opinion of the management, current assets and loans and advances have a value on realization in the ordinary course of business, at least to the aggregate amount shown in the balance sheet.
- Provision for taxation: Provision for income tax is not made for the reason that the Institute is exempted from taxation under section 10 of the Income Tax Act, 1961.
- Re-arrangement of previous year's figure: The previous year's figures have been re-grouped, re-arranged, re-classified wherever necessary to facilitate comparison with the current year's figures.
- 5. Sweep transfer entries: Savings bank account have been converted into auto-sweep facility account by virtue of which a fixed amount is being maintained in SB a/c and the balance part is automatically transferred to a separate account which fetches interest at the rate applicable for term deposits. However, the Institute has not maintained any separate ledger for sweep-in and sweep-out transfers. Henceforth, the entries appearing in the bank account relating to such transfers are not recorded for in the regular books of accounts.



- Books of accounts: The Institute has maintained manual Cash Books which are then posted into
  an in-house developed computerized accounting software. Hence, the audit had been conducted
  by verifying transactions from various registers (computerized as well as manual).
- Depreciation: The Institute charges the depreciation on Straight Line Method on the opening value
  of the block of asset rather than on the cost of the individual asset.

